

East Coast Bays **ShoreLines**

MAGAZINE

October/November 2019

It's
a Shore
thing!

In this issue...

Diversity in the Bays

Our eclectic mix of cultures and ethnicities

Marking 70 years of Browns Bay Racquets Club

Remembering Olga Williams,
owner of the 555 Picture Theatre and Cabaret

Dining review

Deep Creek Brews & Eats takes "pub grub" to the next level

Taiaotea Stream daylighting project updates

... and much more.

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- Waiake • Mairangi Bay • Murrays Bay • Long Bay • Coatesville • Dairy Flat & Okura •

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NORTH SHORE MEDIAN SALE PRICE

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NORTH SHORE

TOP SALE PRICE

\$5,340,000 ▲

MEDIAN SALE PRICE VS. LAST YEAR

\$920,000 ▲ 8.6%

LOWEST SALE PRICE

\$345,000 ▲

AVERAGE DAYS ON MARKET

44 ▼

TOTAL SALE VALUE

\$303,712,000 ▼

AVERAGE DAYS ON MARKET VS LAST YEAR

42 ▼ 4.76%

TOTAL SALE VOLUME

260 ▼

BROWNS BAY MEDIAN SALE PRICE

\$915,000 ▲ +2.8%

TOP SALE PRICE

\$1,370,000 ▼ -15.27%

MEDIAN SALE PRICE VS. LAST YEAR

\$913,500 ▲ +0.2%

LOWEST SALE PRICE

\$600,000 ▼ -4.6%

AVERAGE DAYS ON MARKET

38 ▼

TOTAL SALE VALUE

\$17,001,000 ▼ -18.49%

TOTAL SALE VOLUME

18 ▼

BROWNS BAY

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From the Editor....

Dear neighbour



In this issue of ShoreLines, we begin a shore series of articles looking at the amazing mix of people and cultures that contribute to life in the East Coast Bays.

In case you hadn't guessed, I'm a UK import. My husband and I were so excited to become NZ citizens a few years ago, and there were more than 50 countries of origin represented at our citizenship ceremony. It's an extraordinary thing, isn't it? All of us started in different corners of the globe - The Philippines, Greece, Canada, South Africa, Cambodia, China, Germany, Britain - and yet somehow we all found our way to New Zealand to be in that room, at that time.

Following up our story about the 555 Picture Theatre, I recently had the pleasure of meeting Norman Biss, who was well-known as a gifted sign writer (and whose name featured on the old playbill we reproduced last issue). Turn to page 10 to share just a few of this marvellous gentleman's memories.

As of October 1st, there are 12 weeks until Christmas! Before you descend into a mad panic about when to put

Cover: Spectacular sunrise looking out to the Gulf from the bridge crossing Taiaotea Creek in Browns Bay.

East Coast Bays ShoreLines

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the sprouts on (or is that just a very British thing?!) get out your diary and book in all the fun, festive community events that are advertised in this issue. It won't be long until our beachfronts are bedecked in those glorious red pohutukawa flowers, and it'll really feel like summer.

Until next time,

Lizzie

**22 000
Printed
bi-monthly**

52 YEARS OF EXCELLENCE

The Brownzy in its many guises (The Browns Bay Hotel, Phoenix Tavern, Cobb & Co) has been a gathering place for family and friends for 52 years.

But there's more to it than that - knowledgeable tipsters offering advice to the punters at the TAB, the skill of the players at the darts boards and on the pool tables, and of course the music.

The Brownzy is the place to go to for live music from the core of NZ entertainers. Packed with a good-natured crowd and busy staff you can still find enough space to stomp or pogo to Jordan Luck.

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Travel promotion winners

The Browns Bay Business Association in collaboration with helloworld Browns Bay and New World put together a superb prize for, not one but, two lucky shoppers! The promotion ran in July and the business association received well over 2,000 entries for this competition.

The competition was to encourage the community to “shop local” and support some of our many fantastic businesses, from restaurants to stationers it was open to all shoppers spending \$25 or more. No limit to the amount of entries or the amount of shopping to be done. The lucky winners, Derrick Bezuidenhout and Helen Craft, each received \$2000 to spend on travel at helloworld. No wonder they look so happy!

Derrick, who made his purchase at Augenstein's Jewellers, told *ShoreLines* that he would be saving this for a holiday next year - maybe Rarotonga, or perhaps towards a European vacation.

And Helen, who filled out her entry at Shoe Talk, and was delighted to be selected as a winner, never having won such a great prize before. (Winning a frozen chicken some years back just does not compare!)

Well done to both of you - and happy travels!

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L to R: Gerry Augenstein - Augenstein's Jewellers, Derrick Bezuidenhout - competition winner, Malcolm McDonald - BBBA Chairman and Mary Buckley - helloworld



L to R: Malcolm McDonald - BBBA Chairman, Nicola - Shoe Talk, Helen Craft - competition winner and Mary Buckley - helloworld

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The Rich Tapestry of Life



Shan and Lara outside The Meat Room in Browns Bay

Hard-working award winners. Sopheap and Bunna work seven days a week, making an average 300 pies a day.

International Friends

Savouring authentic Thai curry, Japanese sashimi, or good old Kiwi pub grub. Celebrating events like Matariki, Cairo To Cape Town, and Chinese New Year. It's easy to take for granted the spectrum of peoples and cultures that enrich our everyday life in the Bays.

Amongst New Zealand's electorates, East Coast Bays has the country's second highest proportion of residents known to have been born overseas. This eclectic mix of ethnicities, beliefs, and perspectives helps our community to evolve and thrive. And yet, too often there are national news reports of intolerance or so-called "casual" racism, and one in three complaints to the Human Rights Commission concern racial discrimination.

ShoreLines spoke to a few locals about what brought them to the Bays, and what life is really like for them.

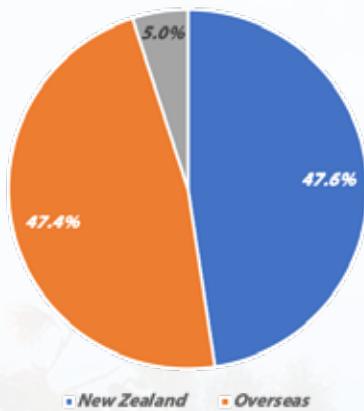
Lara Kamionka and Shan Moulder

At the time of the 2013 census, there were more than 30,000 South African-born residents living in Auckland.

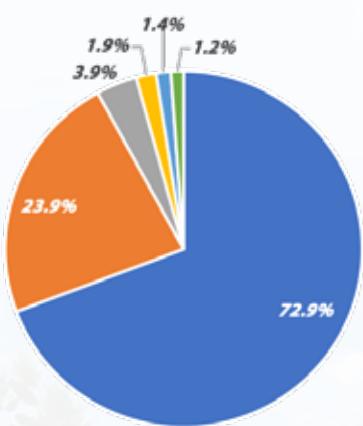
Shan Moulder and Lara Kamionka emigrated from Johannesburg in 2010. They'd visited once previously – Shan's brother is married to a Kiwi, and they'd come over for the wedding in St Heliers – and Shan wanted to step away from his dad's business and do his own thing. What is his dad's business? "He's a butcher," laughs Shan, "just like his dad before him."

Lara says they've only ever felt welcome here. "We love the sense of community. We've developed real friendships with some of our customers; we go out and socialise with them. It's great."

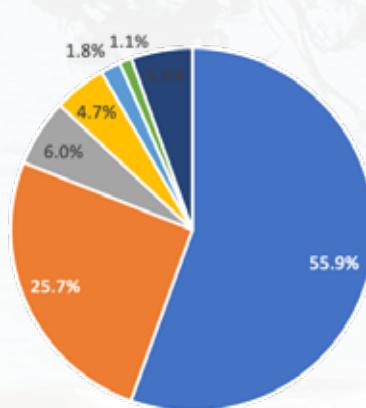
Where were we born?



What's our ethnicity?



Who are the next generation? (Students in school currently)



- European
- Asian
- Māori
- Middle Eastern/Latin American/African
- Pacific Peoples
- Other (incl. New Zealander)

Credit: stats from
Electorate Profiles
on parliament.nz

- European
- Asian
- Māori
- Middle Eastern/Latin American/African
- Pacific Peoples

Life in the Bays



International Friendship Group, Browns Bay



Sonja and Tony by Waiake beach. "We've lived in the same house for 16 years. We love this place."

Sopheap Long and Bunna Hout

Around 8,600 Cambodians call New Zealand home, and nearly half of them live and work in the greater Auckland area.

In the wake of the Khmer Rouge's brutal regime, Sopheap's mother and aunt came to New Zealand as refugees. Sopheap herself moved here in 2000, and Bunna arrived in 2002 as a student. They first met at the Buddhist temple in Papatoetoe, only realising later that they'd attended the same high school and college in Cambodia!

They took over their first bakery in 2005 in Glenfield. When they bought Euro Patisserie Torbay in 2014, it had already won awards. Sopheap and Bunna have taken that success to the next level, regularly winning at the country's top pie competition and this year won more gold awards than any other bakery.

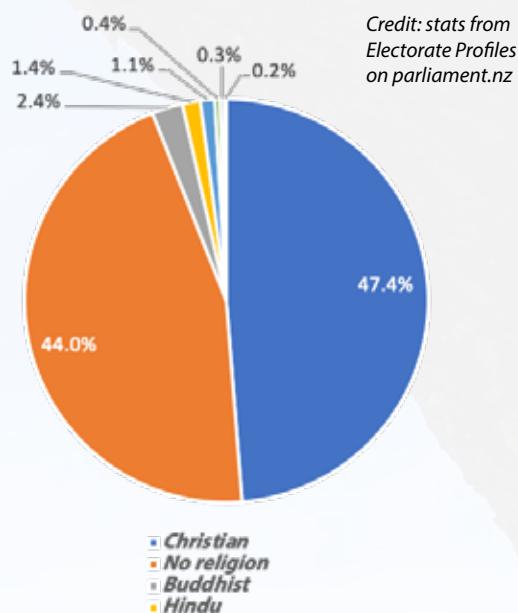
"People are so polite here. When you walk down the street there's a smile, a nod or a friendly 'Hello!',", says Sopheap. "We know that's not the case everywhere, and it's something we really value."

International Friendship Group, Browns Bay

ShoreLines visited one of the International Friendship Group's Wednesday morning get-togethers in Browns Bay. We asked the members to share their thoughts about intolerance. Here are a few excerpts from their conversation. It should be noted that everyone made it clear how much they love living here, and that examples they mentioned are the exceptions to the norm.

"I'm Dutch and my wife was from the Philippines. Only twice in nearly 30 years did someone say to her, 'Go back where you came from.' It's one of the reasons we chose to move to New Zealand; we understood there was greater tolerance and politeness here."

What do we believe?



"I haven't personally experienced intolerance, but my son's heard the general comments about Asians not being good drivers. One boy in the village told him he should go back where he'd come from."

"It's all about how you raise your children. They're like sponges and, if they hear racism at home, it'll come out publicly because they lack that politeness filter."

"We do tend to spend most of our time within the Chinese community, and that's mostly because of the language barrier. I feel that I'm wasting someone else's time and energy when I have to take a little longer to speak in English. I don't want to annoy people who have English as their first language."

"I think there's still almost Cold War thinking – that somehow people from a communist country are different."

"Change and acceptance takes time, at least one generation. As the children of new migrants go through school and out into the community, they break down those barriers of language and culture. Through them, we become more accepting and their community integrates more."

"When I first arrived from Serbia 20 years ago, one man said to me, 'Learn to speak English before you talk to me.'"

"I didn't actively go looking for other Dutch people, but most of my friends are migrants. Perhaps it's because we have that shared experience, and can help and support each other."

"I worked in a call centre in the 90s and every so often I'd hear, 'Not another bloody Pom!' It's okay; I could laugh that off."

Continued on the next page

ShoreLines

How far can it go?

"We joined the French club when we moved here, but it was mostly Kiwis who wanted to learn more about literature, cuisine, and the country itself. It was lovely that they had that desire, but we didn't meet many other expats!"

Sonja and Tony Puppyn

Tony's father was 18 when he moved from Antwerp to Mairangi Bay after the second world war. "Strictly speaking I suppose I'm Flemish/English," Tony says, "but I've never felt anything other than Kiwi. I think my grandfather and father both felt that, if they were moving to the other side of the world, they were going to absorb themselves into that lifestyle."

Sonja is Māori/Croatian. Her mother's father came to New Zealand as a young man and settled north, working as gum digger. Tony and Sonja consciously raised their children to be culturally aware, learning about their heritage and speaking some te reo at home. "I wasn't brought up immersed in my culture, but I was always aware of my identity," explains Sonja.

Sadly, their children have experienced some ignorant and unpleasant comments. "When their oldest child was appointed into a leadership role at school, a fellow student suggested that it was a token gesture only because she was Māori," Sonja recalls. "When working part time in retail, customers would often ask her 'Where are you from?' and be surprised when she told them she was Māori" Sonja and Tony agree that these people probably didn't mean to be rude and never realised that they were. "It's just disappointing that they thought she was Hispanic or European, rather than recognising her as Māori."

Having worked in education, Sonja also experienced some parents' strong concerns about the amount of te reo being taught in schools.

Racist? Possibly. Ignorant? Almost certainly. Not least because numerous scientific studies have proved that learning a second language can boost brain power, some going so far as suggesting that being bilingual may actually help to reduce the risk of dementia.

As a local business co-owner with a central team of nine and an expanded team of close to 400, Tony understands the importance of embracing change and diversity. "People and businesses who don't do this are simply going to get left behind," he says. "Community is so important – community at school, at church, even the people you see every day on the beach."

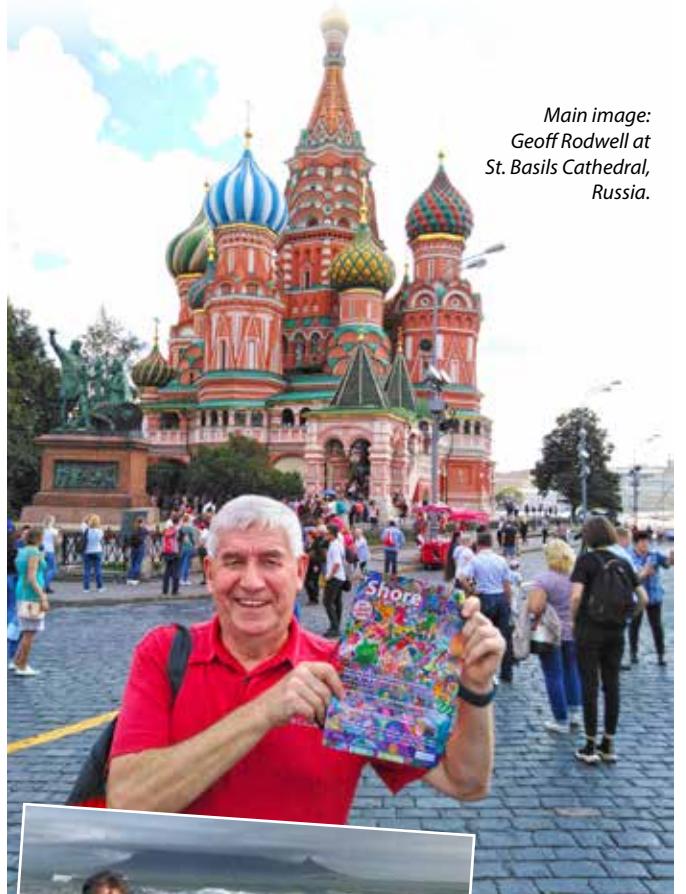
"Feeling isolated with a lack of community is a known cause of stress. So, get involved! Support your neighbourhood, appreciate the environment, and respect those around you."

This is *ShoreLines'* ninth issue - and just look how far we're travelling now. There is definitely no shoreline too far! This time we've found our winner at St. Basil's Cathedral in Russia.

So, when you next head off on a holiday, don't forget to pack an issue of *ShoreLines!* Then (safely) snap yourself or someone, reading the mag in an exotic or identifiable location.

E-mail your photo to editor@shorelines.co.nz and, if yours is chosen, you'll win a \$50 gift voucher.

Main image:
Geoff Rodwell at
St. Basil's Cathedral,
Russia.



Joan reads her copy with Cape Town's Table Mountain as a dramatic backdrop

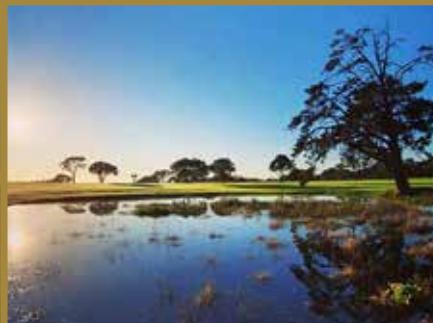
Ann takes her copy of *ShoreLines* to Waikiki, Hawaii.

Left: Craig in Samoa with his cruise reading material



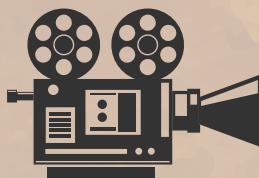
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The "555"

Picture Theatre and Cabaret

The recollections of Norman Biss, former signwriter



Above: 1. Norman with Olga (left) at his 21st birthday party at the former Rothesay Bay Ratepayers' Hall. Red Hewitt & The Buccaneers was the band that night. 2. Browns Bay Women's Institute on stage. 3. Aerial photo of Browns Bay back in the 50s. 4. The Utopian Players on stage. 5. Thanks for drawing all those gorgeous posters. Olga gave Norman free entry to any movie.

Norman Biss was just 10 years old when he emigrated from the south of England to Rothesay Bay. The move seriously disrupted his education, but what became clear very quickly was that he could draw and was a gifted artist.

He and his family were regulars at the 555, which was owned by Olga Williams.

Norman says, "Olga was profoundly deaf. She worked in the ticket booth, lip-reading customers' requests. She told us we were the easiest people to understand. I think it was because our Englishness meant that we enunciated very clearly!"

Norman and his family developed a close friendship with Olga, and he soon started drawing movie posters for her. He and Olga would meet in her billiard room weekly or fortnightly, go through the new releases, and then he'd take the originals home to copy.

"She was an amazing lady, ahead of her time in many ways," he says. "The 555 was the first Auckland cinema outside Queen Street to have CinemaScope. That required significant upgrades. My dad helped to cut away about half the floor to install new seats, and I remember my mother making crêpe paper flowers to run along the light box at the bottom of the screen. They added to the ambience when the lights were raised or dimmed."

Norman remembers the first movie screened there in CinemaScope. "It was 'The Robe' starring Victor Mature and Richard Burton."

Brian Magill e-mailed ShoreLines to say: My parents were involved with the Utopians – the local repertory company that put on shows at the theatre from time to time. They were old time musicals like My Fair Lady, Annie Get Your Gun and Oklahoma. My mother used her dressmaking skills assisting with the preparation of costumes and my stepfather was a stage-hand. Do you remember the Utopians? Do you have any photographs of their shows?

Please contact Kim (publisher@shorelines.co.nz) or Lizzie (editor@shorelines.co.nz).

It wasn't just the locals who loved and respected Olga; she was known to some Hollywood royalty too. "I saw the birthday cards she received from Jack Warner and Samuel Goldwyn," smiles Norman. "I wish we'd had phones that could take photos back then; it'd be wonderful to have copies of those."





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James has been quite the adventurer over the years. He's lived overseas, travelled through warzones, been shipwrecked in the Irish Channel, and was a mover and shaker in the business accounting world.

When he relinquished his driver's licence for health reasons back in December 2018 he accepted it was the appropriate and sensible thing to do – but it wasn't something he welcomed. "I'd been driving since I was 15," he says. "After more than 60 years, that sudden loss of independence felt absolutely devastating."

It also meant that James and his devoted dog, Daedalus, could no longer take their daily trips to the beach, and socialise with other dogs with their humans.

Fortunately, a neighbour was using Driving Miss Daisy North Bays and so, encouraged by his son, James phoned Corlize – and was thrilled to hear that her team could take him and Daedalus on trips... together!

"He knows what it means when one of the drivers knocks on the door, and he gets very excited!" laughs James. "They always make a fuss of him, before helping us both into the car with all our bits and pieces."

"Wherever we go, our driver always has time for us; we never feel rushed. Whether they're sorting out my chair at



Enjoying a gentle stroll in the sun. James and Daedalus on one of their trips to the park.

the park or walking us into the vet clinic, we always have a chat and share a laugh."

"Daedalus and I have been pals for 12 years," says James fondly. "Our lives wouldn't be so much fun if we couldn't spend this quality time out and about together."

At Driving Miss Daisy North Bays/Albany, we're committed to combatting loneliness in our community. Phone Corlize to find out about our Coffee Club outings, Event Cinema movies, and other ways we can get you out and about.

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A taste of some current cruise options:

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Taiaotea Environmental Enhancement

An update on the daylighting project at Sherwood Reserve



It's hard to miss the earthworks that have been occurring around Sherwood Reserve since mid-2018. What's possibly less well-known is the purpose and thinking behind this \$4 million development project. Ben Sheeran, community engagement consultant for Healthy Waters, and Karl Lloyd, Glasgow Contractors' project manager, shared some insights and updates.

How Sherwood Reserve is being transformed

Everything's been carefully designed and engineered with humans and wildlife in mind.

The concrete-lined stream (Taiaotea Creek) and the concrete pipe are being naturalised (or "daylighted"). This basically means that piped stormwater flows, or buried streams are brought to the surface and into restored stream environments.

There'll also be a wetland to improve water quality and enhance the natural environment.

"There's definitely a feel-good to these works," says Karl. "It's rewarding to know that we can use 'soft engineering' to help nature cleanse the water, through gravity and planting."

Community involvement

"One of the exciting aspects to this project has been the involvement of three local schools," explains Ben. "We asked students from Northcross Intermediate, Sherwood Primary, and Browns Bay School to submit their ideas. It's been great to have the children go through the process with us, from concept to reality."

Students have taken part in workshops to see how their ideas become part of the

parks design. Their innovative thinking has resulted in structures designed with the use of materials that give a natural appearance, including a timber boardwalk that goes right through the restored wetland.

Good for wildlife

A new cascade ladder should provide improved passage for fish such as eels and whitebait (which also have a new spawning ground). Root wads, rocks and boulders manage flows, and overhanging vegetation provides shade. Weed species are being cleared and replaced with ephemeral plant, and native plants like toetoe and flax are being integrated on land, to help rebuild the habitat.

Good for humans

The whole area should be safer and more accessible as the old footbridge is replaced with a wider, timber boardwalk.

The project has a completion date of November 2020 – although Karl is keen to try and finish prior to this – but residents are already commenting that there is less debris, and cleaner water running down onto the beach.

Good for all

The project should also provide greater resilience to weather and flooding. "It's been modelled to contain a '100-year flood,'" explains Ben. "Flood events of this scale will be mitigated by the significant and densely planted vegetation areas, raising the path elevation on the west side of the stream, and changes to the existing topography on both banks. The wetland also serves to slow the velocity of stormwater from adjacent neighbourhoods as it runs through Taiaotea Stream to the coast."

Looking upstream of the freshly completed stream and banks

EXCEPTIONAL FREEHOLD APARTMENTS



LIVING

U The Victor is a landmark development for Browns Bay. With a strong focus on design and quality, this stunning building will transform the town centre by bringing new life to the abandoned New World site.

X It is a development for those who love the relaxed East Coast Bays lifestyle but want the ease of apartment living.

R The generous apartments have large balconies to relax in the sun, plenty of storage for the beach umbrella, and full-sized kitchens to cook for the whole family.

*Where beach
and urban
culture meet*



THE VICTOR — BROWNS BAY —

Show Suite: 54 Clyde Road, Browns Bay
Monday to Friday 1pm until 4pm
Saturday & Sunday 12pm until 4pm
thevictor.co.nz
info@thevictor.co.nz
0800 MY VICTOR (698 428)

A vibrant community-based visual arts centre **right on your doorstep**

ShoreLines' publisher, Kim Taylor, visits Mairangi Arts Centre

Mairangi Art Centre (MAC) opened its doors to the public in 1991. It all began with an inspired idea from Pam Dalton and Pat Hewson to encourage art on the Shore.

If you haven't already seen for yourself, it's certainly worth a visit to the gallery, art studios and café which are just a short walk up Hastings Road from Mairangi Bay village. It's a thriving organisation, with more than 600 people on its membership list.

I met with Clint Taniguchi, general manager, who told me about some of his current projects and longer term visions for the centre. I found out that there's a lot going on at MAC!

Some MAC facts to remember and look out for:

- The centre has 13-16 exhibitions a year as well as ongoing member exhibitions.
- The galleries and studios are available to hire.
- It's one of the largest art education centres in Auckland, with the expertise of 25 multi-disciplined tutors.
- There are three purpose-built studios for tutoring and art classes which are designed for adults as well as after school and holiday programmes for all ages.

- The gallery offers work for sale, giving a platform to local and national artists.
- A team of enthusiastic volunteers are involved in running the gallery, and working bees take place throughout the year.
- The gallery store offers a selection of original art from local artists (a nice pair of handcrafted glass earrings caught my eye!) as well as a café for a quiet cup of tea.

Clint and the team at MAC are constantly exploring how art can integrate with daily life and bring together the many diverse communities living on the Shore. There are so many delightful opportunities on offer for people of all life stages.

To find out more about what's occurring at MAC and how you could get involved, sign up for their newsletter via mairangiarts.co.nz



Discover art from the heart at MAC



Hours: Monday - Friday 9.30am - 4pm | Saturday & Sunday 10am - 2pm
Mairangi Arts Centre, 20 Hastings Road, Mairangi Bay | Tel. 09 478 2237
www.mairangiarts.co.nz | info@mairangiarts.co.nz

[Facebook](#) [Instagram](#) @mairangiarts

Proudly supported by
Hibiscus and Bays Local Board 



Mairangi Bay Santa Parade

12 noon | Saturday
30th November 2019



We support


Hibiscus and Bays
Local Board
Auckland Council


Proudly Supported by the Mairangi Bay Business Association,
Auckland Council and Hibiscus and Bays Local Board

It's Hallowe'en...or is it?

In the southern hemisphere, Hallowe'en isn't actually Hallowe'en – it's Beltane. Why? The Pagan festival calendar is based on northern hemisphere seasons. Beltane is a celebration of life, and falls between the spring equinox and summer solstice. Hallowe'en is an autumn/winter festival, when people of the olden days would light bonfires to ward off ghosts.

It was the Celts who thought that with the end of the harvest and beginnings of winter, the veil between the worlds of the living and the dead was at its thinnest. So, on 31st October (the eve of All Saints' Day) they celebrated Samhain (pronounced: Sā-ween) when they believed the dead returned to earth. If crops were damaged or animals became sick, the spirits were blamed.

As well as bonfires, people carved out pumpkins or root vegetables (such as turnips or potatoes) and placed a light within them to scare off spirits, notably "Stingy Jack" – hence why these became known as Jack O'Lanterns.

Over time (a few centuries) Pagans have come to mark Hallowe'en in a rather more thoughtful way, often laying an extra place at the dinner table and making a toast to absent friends.



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Come in and see the team at Bridgestone Browns Bay. With over 40 years experience in the tyre industry and 15 years in Browns Bay we know what our locals need.

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**46 Anzac Rd, Browns Bay
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bridgestonetyres.co.nz**



Advice Bureau honours Joan QSM NZOM



by CAB managers and volunteers from across the North Shore, and the organisation's CEO, Kerry Dalton, even made the trip up from Wellington.

CAB's North Shore area manager, Tim Charman, says, "Joan will always be remembered as a stalwart of CAB. Her kind but practical approach, effective interaction with politicians, and genuine passion for serving local people are amazing examples for us all. We all wish her a long and happy retirement!"



Joan with CAB North Shore area manager, Tim Charman, and her daughter, Jude

Joan and CAB CEO Kelly Dalton.

Remember, remember the 5th of November...

Guy Fawkes Night is an old English event

Its origin dates back to 1605 when a group of men tried to blow up the London Parliament.

Under the rule of James 1st, English Catholics had been persecuted for many years. Guy Fawkes and his conspirators believed that action was needed to end this oppression. They stored 36 barrels of gunpowder under the House of Lords, planning to blow up the Houses of Parliament and killing the King along with everyone else.

However, the King's forces exposed the plan. The conspirators were caught red-handed, and Guy Fawkes (or Guido Fawkes, as he signed his name) was sentenced to be hanged, drawn and quartered.

"Penny for the Guy, guv'nor?" asked generations of English children. Fawkes may not have been the chief plotter, but it's his effigy that's traditionally (some might say, macabrely) thrown onto the top of November the 5th bonfires.



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Browns Bay

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Weekdays: 9am - 5pm | Saturday: 9am - 4pm



Stitch 'n Time

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Breakfast Specials

- 1 Bacon, lettuce, tomato, English muffin, mayonnaise & regular coffee
- 2 Ham, cheese, egg, English muffin & regular coffee
- 3 Pancakes, maple syrup & regular coffee

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\$10
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Summer must be coming because
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If you're an experienced and successful real estate salesperson or someone with the passion and drive to make a career change, then you could be the right fit for our team.

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Barfoot & Thompson

barfoot.co.nz

LONG BAY BRANCH OPEN NOW

Budding **Artists** **LONE STAR**
get rewarded!

Every issue of *ShoreLines* includes a page for colouring in. The picture will feature one of NZ's unique wildlife. We invite our young, budding artists to give it a go and fill in the gaps in one of our images.



Winners will be drawn from each issue, and Lone Star (Albany) kindly sponsored the page with two \$25 restaurant vouchers. This month it was difficult to choose a winner because all the entries were great. However, we finally chose Jamie van der Loos in the under 8 category and Raina Huang in the 9-14 yr bracket. Congratulations!



Jamie & Raina receive their vouchers from Kim - **ShoreLines** Publisher

70 years of Browns Bay Racquets Club

From comparatively humble beginnings on Manly Esplanade, Browns Bay Racquets Club has grown and thrived over the last seven decades to become one of the largest racquets clubs on the North Shore.

It moved to its current location on Woodlands Crescent in 1968 and has become well-known as a welcoming and supportive environment for tennis and squash players of all ages and abilities.

While many members simply enjoy being able to relax and unwind on court, the club has enjoyed major tournament success over the years. Having been runner-up in 2016 and 2017, the club's top men's team won the prestigious Wilson Chelsea Cup in 2018 and was runner-up again this year.

Wesley Whitehouse (winner of Junior Wimbledon 1997) and Akshay Ashok of Game Plan Sports Management became club coaches in 2017. They've been largely responsible for the development of a host of young players who now compete in regional and national competitions.

Squash adds an extra dimension to the club's activities and membership, and there is an alternating exchange with a squash club in Noumea every year. Jarrod van Driel of Double Dot Squash provides coaching for juniors and runs summer camps which, like tennis, are highly attended.

Club president, David Norris, says, "Our club remains focused on keeping our facilities up-to-date as much as possible (within the limits of grants and funding). We had an extensive renovation in 2014, which included a second viewing deck on the side of the club house. Along with that, in 2018, we completed the lounge/bar upgrade, meaning that members and non-members can hire a modern facility for their social functions. Currently we're installing new LED court floodlights, which should be in place by December, and court resurfacing is high on our agenda to tackle next year."

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Members of the executive committee

Keen to raise your game? If you'd like to enjoy the benefits of exercise, make some great friends and have a lot of fun, visit bbrc.org.nz or phone (09) 478 6469.

THINGS YOU **DON'T** SAY, WHEN YOU'RE WITH **SBA**



Sat?

Nah I'm doing my tax



...can't wait!!



Call Craig Bright now **478 0202**

SBA Browns Bay | 105 Clyde Road, Browns Bay
brownsbay@sba.co.nz | Open Mon-Fri 9am - 5pm
www.sba.co.nz/browns-bay



XERO NATIONAL PARTNER
OF THE YEAR 2018

Annual Financials | GST | Rental Properties | Company Formations

Torbay Art & Craft: Market

Saturday
December 7th 2019
9am-12.30pm
Plaza outside the
pharmacy.



Santa Day

10 am - 12 noon.

Bouncy castle, sausage
sizzle, kapa haka, free
face painting.

We support



Hibiscus and Bays
Local Board

Auckland Council



Torbay Business
Association



Bays Community Centre Newsletter

Oct/Nov 2019

2 Glen Rd, Browns Bay; ph 478 4091; bayscommunitycentre@gmail.com



HERE WE GO AGAIN!

Summer Fun kicks off in November All from 4-6pm:
 Fri 1 Nov Browns Bay beachfront
 Sun 3 Nov Waiake
 Fri 8 Nov Browns Bay beachfront
 Sun 10 Nov Islet Rd Long Bay
 Fri 15 Nov Browns Bay beachfront
 Fri 22 Nov Browns Bay beachfront
 Sun 24 Nov Waiake
 Fri 29 Nov Browns Bay beachfront

Bring the family down for some free fun!

LOOK WHAT'S COMING TO BROWNS BAY!

SENIORS DANCE

All your favourite music from the 50s to today, projected on a big screen.
 Every Monday from Oct 7, excluding the last Monday of the month.
 11am-3pm,
 Progress Hall, 6 Anzac Rd.
 For more info contact
 Cliffee 021 027 54781
 clifiegarcia@hotmail.com



THE BIG BROWNS BAY CHRISTMAS SWITCH-ON

Friday 15 Nov from 4pm; Phoenix Plaza & beachfront. Bring the family down for fun with the TOYVAN, the Angel Star show, a bouncy castle, face painting & a visit from Santa. One lucky child will win the opportunity to flick the switch & light up the Christmas tree



We will also be collecting cans for the Salvation Army's Christmas hampers, so please bring along a can on the night.

BROWNS BAY CHRISTMAS PARADE

Put Saturday 7 Dec on your calendar for our annual Christmas Parade. If your family, school, club or early childhood centre would like to be part of the parade, please contact Sally 478 4301 or ECBCP@xtra.co.nz



East Coast Bays Community Project

...providing support, connections & resources to enhance the wellbeing of our community

Whakarato tautoko, nga rauemi me te waiora i roto i to tatou hapori



NEW TO OUR SUMMER PROGRAMME FOR 2019 SALSA DANCE PARTIES ON THE BROWNS BAY BEACHFRONT.

November 11, December 14
7-9pm



TE HERENG
WAKA O OREWA

OVERNIGHT STAY AT TE HERENGWA WAKA O OREWA

The ECB Community Project is organising a visit to the marae in Silverdale, with workshops, talks & an overnight experience. If you'd like to learn more about Maori culture, please join us.

The cost is \$80, which includes all meals.

Sat 23 Nov, arrive at 4pm for a powhiri, depart Sunday after lunch.

If you would like to attend a workshop but not stay overnight, there are also spaces available.

Children welcome.

For more info, contact Sally ECBCP@xtra.co.nz; 478 4301.



BOOTY SHAKE

Starts on Sun 3 Nov; 9-10am on the Browns Bay beachfront. Every Sunday until Sun 15 Dec. Then we take a break till February

REMEMBER: We cancel our outdoor events if it is wet or very windy: ph 478 4301 if in doubt



CELEBRATE HERITAGE WEEK WITH THE LIBRARY

'Journeys and Connections', a timeline exhibition of Browns Bay heritage photographs.

Wed 9 Oct 11am – 12pm Family Heritage Walk around Browns Bay.

Discover the history of our village. Free event. Wheelchair accessible. Gentle walk. Children must be accompanied by an adult.

Wed 16 Oct 10.30am -12pm Heritage Tea & Topics Talk with local historian David Verran. 'Travelling from Takapuna to Browns Bay'.

David will explore the route between Takapuna & Browns Bay & the changing identity of the visitors and settlers to these bays. Free event. Everybody welcome.



The Vaughan Homestead in Long Bay will be open during Heritage Festival on Oct.20 & 27; 2-5pm. Gold coin donation. Ph Barbara 473 6482 for details.

Hibiscus and Bays Local Board



Auckland Council

Courses & Classes at the Bays Community Centre

SPECIAL INTEREST ACTIVITIES & GROUPS

AA meets weekly on Thursdays. Ph Keith 021 252 7455

Al-Anon also meets weekly; Ph Sally 021 201 5219

Better Blokes Men Supporting Men. Support, groups, workshops. northshore@betterblokes.org.nz; ph 021 174 9252

Backgammon Fun & strategic; easy to learn. Wednesdays 12.30-3pm Ph Linda 021 216 3050

Browns Bay 60s Up Ph Cecilia 413 9960

Mahjong Thu 10am-2pm.

Ph Jane 478 5392 or Patsy 475 5763

Newcomers' Network Tuesdays 6pm.

For more info contact 022 276 0085

Eugene@networkfs.co.nz.



North Shore Board Games

Wed evenings. Ph Alistair 022 653 3134.

Overeaters Anonymous Meets Tue & Sat evenings.

Ph Neish 022 644 7175

Rummikub Wed mornings. Ph Annette 441 3019.

Together: Bereaved Parents' Support Group

Tue 7-9pm; ph Jenny 021 022 80488

U3A Browns Bay Are you retired? U3A Browns Bay offers you top-line speakers & the opportunity to explore new interests in study groups at convenient times. Ph Glen 027 541 2241 . www.u3abb.net.nz

Widows & Widowers Ph Judith 479 6042

Writing Family Memories for Future Generations

Older Women's Network . Ph Patricia 479 7519

LANGUAGES

Amicale Francaise First Sunday of the month for petit dejeuner & conversation. afnorthshore@gmail.com

English Browns Bay Community English School.

Mon-Fri daytime. Several levels. Ph Linda 478 3107. www.brownsbayenglish.co.nz.

French Ph Corinne 09 426 1104 or 021 880 649. corinne.monecole@gmail.com

NZ Sign Language Thu evenings. Ph 630 6980. programmes@auckland-deaf.org.nz



classes & groups at St Anne's Hall 1 Glencoe Rd

DANCE

Bays Dance Studio Mon & Thu. Ph Anna 021 123 1557

Braemar Scottish Country Dancing Tuesday evenings.

Ph Yvonne 410 9216 or Sue 473 3633

Ceroc Dance Wed. Beginners from 7.30pm, Intermediate 8.30pm. First class free for all new beginners, no partner required. For more info ph 0272 957 007 or visit www.modernjivedance.co.nz

Dance Expression Ballet technique with hints of other styles. 5.30-6.15. Tuesdays & Fridays. \$10 casual; \$90 for 10 classes.

First class free.



HEALTH, FITNESS & WELLBEING

Chair Yoga Mondays 5-6pm; anuyoga37@gmail.com

Hatha Yoga Mondays 6-7pm; anuyoga37@gmail.com

Divine Intervention Introduction to Self Healing

3-hour morning session, limited numbers. Ph Judy 478 6065.

Eat, Play Laugh 1st Monday of the month, 10.30. Cooking demo, fun activities, lunch. No charge, but bookings essential. Ph Wendy 476 9180

Laughter Yoga Seriously good for you. Join in the fun for an internal jog every Sat 9-9.45 am. Ph Louise 027 475 3734 or email laughterbrownsbay@gmail.com

Tai Chi Thursday 8.15-9.15am. Individual tuition is also available. 021 764 980; wailingwan@gmail.com.

Tai Chi Monday evenings & Wednesday afternoons. Ph Bruno 021 155 4606

Tai Chi Fridays 9.30-10.30; Sherie 021 536 411

Reiki 4th Wed of the month. martinturback@icloud.com

Sahaja Yoga Meditation Find peace and balance within yourself. Wed 7.30pm. Free of charge. Ph Maria 479 9511.



ART & CRAFT

Bays Patchwork Fortnightly Thurs, 7-9.30pm. All levels of ability, beginners to experienced. Demos & classes also held. Ph Sue 413 8239.

Crazy Quilters This fun, relaxed group meets 4th Saturday of the month, sharing ideas & techniques of an old patchwork style.

Ph Marilyn 476 9585

Browns Bay Evening Spinners

2nd & 4th Tuesdays; Nicole ngrassmeyer@hotmail.com

North Shore Sunday Quilters

Bring along your knitting, sewing or embroidery project for fun & friendship. Open group, non-teaching. Ph Melva 479 7572.

On the Hook Crochet Club Sat 3.30-5pm. Ph Olga 021 023 84495.

FOR KIDS

Realistic Drawing Classes Ages 5-12. Mon, Tue, Thu, 3.30 & 4.30. Ph 021 023 60215



HEALTH, FITNESS & WELLBEING

Born Again Bodies Wed afternoons. Strength, balance & flexibility at any age. aandsyme@gmail.com

Power Hooping Thu 7pm. The fun way to get in shape.

Ph Jackie 027 444 7064

Senior Movement Mondays. Contact Bev eastonb57@gmail.com

Table Tennis Mon, Tue & Fri 11.30am-1.30pm.

For all ages & levels of ability. Ph Debbie 478 4091

KIDS' ACTIVITIES

Get Messy Playgroup

Thursdays 9-12. nzgetmessy@gmail.com

Browns Bay Playgroup

Mon, Fri 9-11am; Wed 8.30-11. Ph Julianne 021 308 100



Community News

SPANISH CLASSES

Have fun while learning Spanish. Experienced & qualified native teacher. Adults & children. Group or one-on-one lessons. Conversation classes & help with NCEA, IB, AS CAMBRIDGE, GCSE Spanish practice too. Ph Gaston 473 5090 or 021 2510358. Classes at home in Albany. Lessons via SKYPE or Facebook Time available as well. gasfer2011@gmail.com

SPANISH LESSONS IN TORBAY & BROWNS BAY

Learn Spanish from a native Spanish speaker. Individual or small group lessons. Dynamic and fun too! Contact Ara on 021 0812 4141 <http://northshorespanish.nz/>

Sun 27 Oct 11am –12pm. To celebrate the Spanish Language and Culture Week at Massey University a Spanish choir will be performing in the library. Free event.

THE COMPOST COLLECTIVE



Wed 6 Nov 10.30 – 11.30.

Worm Farming with The Compost Collective. Free. An introduction to worm farming. Confirmed participants will receive a \$40 discount towards the purchase of a composting system that can be redeemed online.

Register online at <https://compostcollective.org.nz/events/worm-farm-talk-browns-bay/>

Wed 27 Nov 10.30 – 11.30.

Bokashi with The Compost Collective. Free. An introduction to bokashi composting. Confirmed participants will receive a \$40 discount towards the purchase of a composting system that can be redeemed online.

Register online at <https://compostcollective.org.nz/events/bokashi-compost-talk-browns-bay-2/>



SENIOR TENNIS PLAYERS PLAY TENNIS THIS SUMMER

We are about 20 veteran tennis players; ages 50-70+. We meet Friday mornings from 9am at the Browns Bay Racquets Club, 4 Woodlands Cres. We enjoy very friendly, not too competitive, doubles (men's, ladies', mixed) on all-weather, synthetic courts...it's nothing like Wimbledon! & we sure do have a lot of fun. Tea & bikkies/no charge first time. Spare racquet available. So come & give it a try. Ph Roy 021 256 2192 or better still, just show up Fridays from 9am



Spanish & Portuguese Classes



- Experienced native language instructor
- Individual classes: NZD \$ 45 / hour
- 12 hours package: 10% discount
- First class **free!**
- Contact Paola: arevalopaoala30@gmail.com

LEARN FRENCH

Theatre Class Teens/Adults Conversation & Current Events (Int/Adv). For travel, study, pleasure, or exams. Grammar & oral revision holiday intensive. French singing group. Group/individual. Any level, any age. In Browns Bay/Torbay. Dr Lynette Wrigley-Brown ph 0210 294 0630 lynnettewrigleybrown@gmail.com



Creating safe, resilient and connected communities.

7 ways to connect with your neighbour

- Reach out
- Get involved
- Make a connection with your neighbours
- Be considerate of others
- Be generous
- Bring neighbours together
- Volunteer in your neighbourhood



Spring is the ideal time to start a Neighbourhood Support group. Think street parties, a street clean-up, working bee, checking out who's going to be away over the holidays, sharing your garden produce.

Roz is the go-to person to get you started. Contact her on admin@neighbourhood.org.nz; 353 0427



**VOLUNTEER
NETWORK
MAKE A DIFFERENCE**



HAVE FUN

Milford Rotary and the Next Rotary Generation - North Shore are holding an Information Evening on Tuesday 8 October from 6pm to 8pm at the Pupuke Golf Club – 231 East Coast Bays Road

Find out what we are all about - light snacks and drinks will be served
RSVP: Clive Menkin 021 530 962 or menkin@menkin.co.nz

E V O L V E
Counselling Services

Maddy Kear
PG Dip in health science

Ph:021 02748983
DAPAANZ Reg.

Community News

SUMMER FUN CO-ORDINATORS

Our programme starts on November 1 & we are looking for 2 enthusiastic, energetic people to run the activities.

Do you have:

- * a driver's licence
- * the ability to work unsupervised & think on your feet
- * a fun outlook
- * good communication skills with adults & children
- * experience in sport, teaching, childcare or similar?

This is a part-time position; working hours usually Friday & Sunday 3.30-6.30; occasional extra work available.

Totally suitable for caregivers; you can bring the kids to work with you! Please contact Sally on 478 4301 or ECBCP@xtra.co.nz for more info



TOP SECRET SCHOOL HOLIDAY PROGRAMME @ ECB LIBRARY

There are lots of fun free activities every day for you to choose from. You can:

- * Solve secret codes
- * Watch a spy movie
- * Escape the panic room
- * Learn about braille and the blind
- * Dance for Diwali
- * Create a secret diary
- * Be a Star Wars trooper
- * Make special fortune tellers
- * Explore with a treasure hunt



Pick up a holiday programme in the library, keep an eye on our Facebook page facebook.com/EastCoastBaysLibrary/ or go to the Auckland Libraries website events page. www.aucklandlibraries.govt.nz



6th Hibiscus & Bays Art Awards to 16 Oct
Korean Calligraphy Association 19-25 Oct
School Holiday Art Programme 30 Sep-11 Oct
Classes in clay, drawing, cast glass, painting.
For full detail see www.mairangiarts.co.nz
Mairangi Arts Centre, 20 Hastings Rd; Ph 478 2237
Hours: 9.30am-4pm Mon-Fri, 10am-2pm Sat/Sun

TOGETHER

is a peer support group designed by bereaved parents for bereaved parents. It brings together grieving parents for help, support and understanding. This free group meets on the 2nd Tue of the month 7-9pm at the Bays Community Centre, & is open to bereaved parents who have lost a child of any age, in any circumstances, & at any time. For more info contact Jenny 0210 2280 488; TogetherBPSG@hotmail.com

BE SCAM SAVVY

Wed 20 Nov 10.30am-12pm at the ECB Library; Tea & Topics talk with the Manager of Browns Bay BNZ. Tips for staying financially safe & avoiding the latest scams and online fraud.

ART DAY FOR CHILDREN IN THE HOLIDAYS

If your child loves drawing and painting they'll love this one-day

workshop with artist Eion Bryant. With step-by-step instruction they will draw then create a vibrant acrylic painting, learning tips and techniques along the way. Fun & focused; ages 7-12 yrs.

St. Anne's Hall, Oct 8, 10am- 3pm.

Cost: \$55 (includes all materials)

Bookings: eion@eionbryant.com, ph. 483 6703, 021 1327 033



TORBAY THEATRE

The Snow Queen

This year our end-of-year musical is *The Snow Queen*, an exciting new version for all ages. Now cast & rehearsing - phone Daphne if you are interested in getting involved

backstage: 473-7494



A vibrant, fun club, for all ages with 3-4 major productions a year. For more info, or to book for *The Snow Queen* (Dec 5-14), see our website: www.torbaytheatre.com, Facebook:@TorbayTheatre; ph473-5454

Performing at Torbay Community Hall, 35 Watea Rd.



Kate Meads will teach you exciting and inspirational ways to minimise waste, while introducing you to modern sustainable products for use in the home.

At the workshop Kate will:

- » Show you lots of ways you can reduce waste at home
- » Introduce you to sustainable household products
- » Show the environmental impact of the choices you make
- » Dispel the myth about what happens to your waste



FREE workshop to be held in Browns Bay

When: Thursday 24 October, 10.30am - 12.00pm

Where: Baha'i Community Hall, 712 Beach Rd, Browns Bay
Parking is limited, try Argyle Rd if carpark is full

10 x subsidized starter packs available for \$5 cash on the day.
(valued at \$50, includes a cloth nappy)

The Bays Community Centre Newsletter is published bi-monthly.

We welcome your community news; there is no charge for community organisations.

Deadlines for publication are 12 November, 12 January, 12 March; at noon.

Inquiries to the East Coast Bays Community Project, ECBCP@xtra.co.nz; 478 4301.

Shake Out takes the Shore

Browns Bay - burgers, sides and shakes have landed in your neighbourhood.

Brought to you by the team behind BurgerFuel, Shake Out is here to prove that quick and delicious no longer needs to be an oxymoron. Designed in-house by a team with over 23 years' experience in the food industry and armed with inspiration and knowledge from all over the world;

"Quick and delicious no longer needs to be an oxymoron"

Shake Out was born out of the need to create a simple, fast burger solution for busy lifestyles, that didn't scrimp on premium ingredients and was convenient enough to enjoy on-the-go, any time, anywhere.

Following in the footsteps and popularity of the founding Shake Out Smales Farm store located in the Goodside food precinct; Shake Out Browns Bay opened its doors in July. Warmly welcomed as the first burger-dedicated eatery to join the neighbourhood, Browns Bay is the second (and first franchised) Shake Out store on the Shore. Owned and proudly operated by North Shore local, James Stevenson, you'll expect the same premium grab-and-go customer experience, highly craveable menu and iconic green and white aesthetic, seven days a week.



Shake Out cheeseburger; made with grass-fed NZ beef, served in compostable packaging.

"Browns Bay stood out to me as a great location for Shake Out as both the area and brand have community-driven values. Shake Out brings people in the neighbourhood together over great burgers, sides and shakes. Browns Bay is not only a great destination with a beautiful beach, but it also has a strong residential population who needed a great burger offering," says James.

Premium ingredients have been chosen with care. From grass-fed NZ beef, free-range chicken through to organic NZ dairy; a simple menu of only sixteen items has been carefully curated to create a deliciously fast food experience at a highly accessible price point. Choose from four burger options - cheeseburger, double cheeseburger, chicken or veggie. All burgers are served on the signature Shake Out yellow bun which is made from a blend of potato and pumpkin flour - it is lightly toasted and finished with a brushing of caramelised butter for a soft, fluffy burger experience.



At Shake Out you'll eat with a conscience. All items of packaging are compostable (with the exception of the receipt - they're transparent about reducing their waste so watch this space). Packaging can be disposed of in the compost bins provided in-store, or composted at home under the correct conditions.

Speed is key; a unique kitchen set-up and frictionless technology keeps burgers arriving fast and delicious. In-store, orders are placed by touchscreen self-serve kiosks and payment is completely cashless, allowing customers to pay with their card, smartphone or smartwatch to keep things fast; while online ordering is available for customers on the move. Each menu item has been designed to fit in one hand so that regardless of whether you're eating in or taking out, enjoying great food shouldn't need to slow you down.

Shake Out is the ultimate Shore-based destination for delivering delectable burgers that will prove just how good fast can really taste. To try one or their burgers or check out the rest of their menu, you can find them in Browns Bay on Anzac Road (next to New World), at their founding Smales Farm store in the Goodside, or online at shakeout.co



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- Cuddles with the UD dog squad

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* Not actually world famous but we are pretty sure world domination is in our future.

** Conditions Apply



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www.urbandogs.co.nz - Find us on Facebook & Instagram - Urban Dogs NZ



Keep your pets **happy and safe** during fireworks season

Advice from Kerry Johnstone, co-owner of Urban Dogs

For most of us, Guy Fawkes Night signals the start of the summer season, bonfires, barbeques, and maybe even a couple of bevvies with friends. But for our fur-babies, it can be a very different story. Loud noises and bright lights can be the leading cause of anxiety in many of our pets, with extreme cases leading to pets running away or injuring themselves.

Keep your pets safe with these top tips from Urban Dogs' in-house trainer, Julia Gois.

- Exercise during the day. A tired pet = a relaxed pet.
- Keep your pet inside, preventing any ability to escape or be injured.
- Close the windows and curtains, and turn up the TV or music to distract them from what is happening outside.
- Provide them with a safe space. A crate is an excellent option if they are crate trained, but if not then a small area where they are confined and unable to do themselves harm is perfect.
- Follow your pet's lead. If they are seeking you out for comfort then give them cuddles. If not, let them be and just keep an eye on them.

Most of all give them love and keep them safe!

COMMUNITY PATROLS IN NZ

Do you want to work alongside NZ Police to help build safe communities? Community Patrols of New Zealand is making a real difference – and you can help!

It's easy to post on social media about situations which may appear "uncivil" or "inappropriate" for the East Coast Bays. But that's a passive approach, which, in itself, doesn't address any underlying problem.

Public-spirited residents could choose to take a more active role in looking after their community.

Community Patrols of New Zealand (CPNZ) is a national organisation that was formed in 2001. It supports over 5,000 volunteers in more than 150 affiliated community patrols throughout New Zealand.

Community patrols are organised and operated by their local communities and raise their annual operating expenses through local grants, sponsorships and donations. Community patrollers are volunteers working

closely with NZ Police as extra "eyes and ears" to assist the police and other agencies to build safer communities.

Jane Hunter is one of CPNZ's local co-ordinators. "It's important to recognise that we're independent from the police, but we receive regular guidance, training and tasking from them."

"In other words, we're here to support NZ Police, following formal guidelines and within strict parameters."

Jane's keen to dispel a potential misconception. "We're certainly not a vigilante force; we cannot and do not take the law into our own hands," she stresses.

CPNZ's vision is for safer, resilient communities, and

LOCAL ELECTIONS ROUND-UP

The official website aucklandcouncil.govt.nz/elections contains full details of how to vote and why it's important. Here's a quick overview of the key points

Voting in local elections is open until 12.00 pm on 12 October, with official results being declared five days later.

What are these local elections for?

Candidates are standing for:

- Auckland Mayor
- Albany Ward
- Hibiscus and Bays Local Board (East Coast Bays subdivision)
- Waitemata District Health Board

Enter your address on the *Who you can vote for* page and have a read through the candidate profiles. Who strikes a chord with you? Who represents your values? Who do you feel will be a strong advocate for you, your family and your business?

How do I vote?

Anyone enrolled to vote before 16 August should have received their voting papers by 25 September. You either need to post your forms back by 8 October latest, or drop them into the ballot box at your local library up until midday on 12 October.

I haven't received my voting papers. Can I still vote?

Anyone who didn't enrol to vote before 16 August, but still qualifies as an elector, can cast a special vote. This also applies to people whose voting papers were damaged or spoiled.

Visit the *Where to cast a special vote* page to find out where you can collect special voting papers and where they need to be dropped off.

Make your voice heard! To borrow a phrase variously attributed to Woody Allen, Harry S Truman, and Aaron Sorkin: "Decisions are made by those who show up."



EW ZEALAND

volunteers help to achieve this through activities such as:

- Reporting graffiti and signs of suspicious activity
- Watching out for stolen cars
- Information gathering for the police
- Helping to control crowds at community events

NZ Police values the role of CPNZ volunteers saying, "Local community patrols have played a major part in helping bring crime level down... They're another set of eyes for the police. They are very important to us and do a fabulous job."

If you're committed to working in a respectful and professional manner, and want to make a genuine difference in your local community, CPNZ would love to hear from you!

Pop into Browns Bay Police Station or send a message via:

NorthHarbourCommunityPatrol



Backing the Bays.co.nz



JULIA
PARFITT



GARY
HOLMES



CHRIS
BETTANY



ALEXIS
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VOTE FOR THE TEAM THAT DELIVERS

Authorised by J. Parfitt, 13 Westbourne Rd, Murrays Bay



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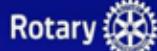
WE CURE DISEASE

WE BUILD MINDS

WE BUILD PEACE

WE BRING HOPE

WE SAVE LIVES



Rotary Update

by Murray Allison of Rotary Browns Bay



Northcross Intermediate Kapa Haka



Northcross Intermediate Haka



Sights and sounds from the community festival at the Sir Peter Blake Marine Education and Recreation Centre.

The Sir Peter Blake Marine Education and Recreation Centre (MERC) in Long Bay was the focus for the area's first community festival. More than 300 residents turned out to learn more about Rotary Browns Bay and what the group does in the community. They also heard from MERC's CEO about what the organisation offers for youth in the upper North Island.

MERC enables schools, businesses, and non-profits to get involved with outdoor pursuits, on land and water. Many who attend may not have seen a beach, so canoeing and kayaking are great activities.

Rotary Browns Bay is helping with the funding for some new bikes at the centre.

Our Rotary group is increasing its involvement in community affairs, replacing boards and painting seats on the beachfront, improving garden plots, and, with local council members, cleaning up areas of concern in the business precincts. Ideas are also being investigated about how to add colour to and brighten up the beachfront.

For more information, visit brownsbayrotary.co.nz or phone Murray on 021 631 662.



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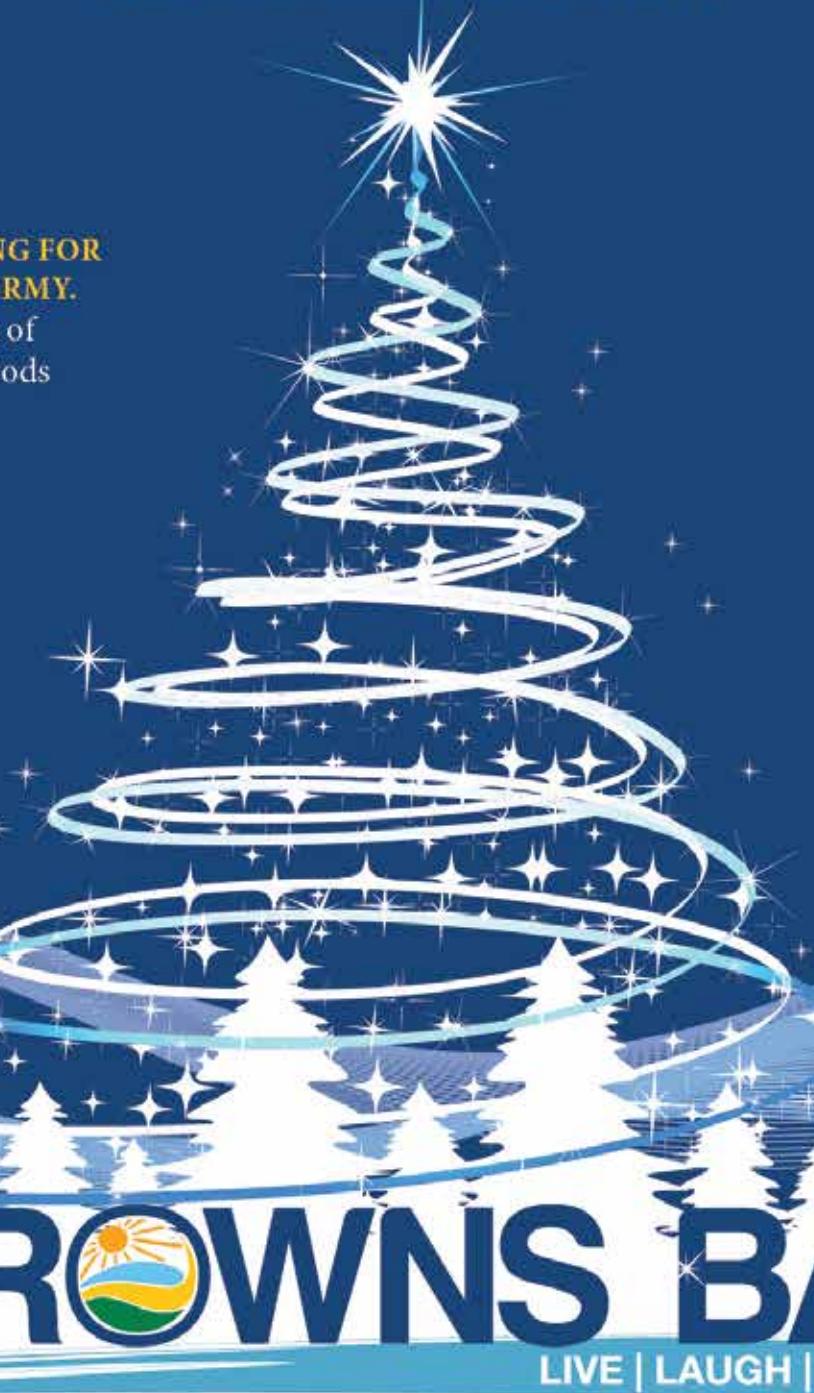
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BROWNS BAY

LIVE | LAUGH | ENJOY

The Browns Bay Christmas Tree is back in all its glory!

Head down to Pheonix Plaza for the Angel Star show by renowned author
and songwriter of children's stories Chris Sanders.

The Toyvan and bouncy castle will be on the beach front!

Friday 15th Nov 2019, 4:00pm–8:15pm

Phoenix Plaza, Clyde Rd, Browns Bay - Admission Free!

www.brownsbay.org.nz

LoveBrownsBay

Brought to you by the Browns Bay Business Association

QUIRKY THINGS WE SAY EVERY DAY

(and what they really mean)

Mortgage

Most of us have had one at some point in our lives, but did you know that this comes from the old French *mort gage* or death pledge. It's not quite as sinister as it sounds, as the name refers to the agreement for debt repayment and when the debt is paid the deal is finished or dead.

Cat got your tongue

One school of thought goes back to the English navy where men were disciplined by flogging using a whip called a cat o' nine tails, and understandably were very quiet after such a beating. Another possible origin - equally grim - is the ancient Egyptian punishment for liars and blasphemers: to have their tongues cut out and fed to the local cats.

Happy as Larry

Larry Foley was a boxer in the 1890s. He won the biggest prize on record (before boxing was fully legalised) of \$150,000, and the headline of his story in the newspaper read "Happy as Larry" and the catchy phrase stuck.

Rule of thumb

This expression has been around for 300+ years, and is generally believed to refer to an old English law that allows a man to beat his wife with a stick - provided that the stick of choice was no thicker than his thumb.

The whole nine yards

During World War Two, fighter pilots left the base with nine yards of ammunition and were considered to have made their best effort with nothing left in reserve, if they returned having used up the whole nine yards.



Mad as a Hatter

This pre-dates Lewis Carroll's Alice in Wonderland, although his eccentric Hatter epitomises the expression. Back in 17th and 18th century hat makers used mercury in the production of felt, and many milliners fell victim to "Mad Hatters' Disease" from chemical poisoning.

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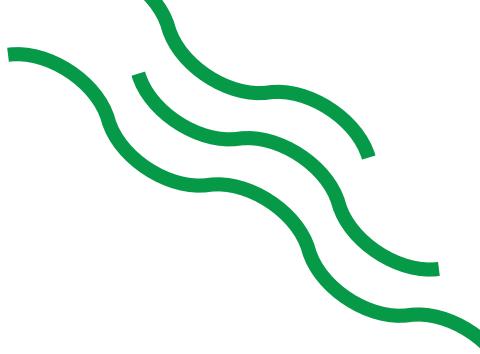
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Shake Out



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~shakeout.co

BOYS' TOYS THE ULTIMATE EVENT

On Father's Day (September 1), The Browns Bay Business Association hosted the first of many events to take place in Browns Bay over the next year. The "Boys Toys - The Ultimate Event" in Phoenix Plaza was a great success.

Many thanks to those who attended and especially those who brought down their own boys' toys for the crowd to enjoy.

Also, thanks to local businesses AB Hair & Makeup, Repco, Fish City, Barbershop Co., Feel Fresh Nutrition, and Pupuke Golf Club who donated some wonderful prizes with a combined value of nearly \$1000! A draw was made and the prizes divided between three lucky winners.

The association will be hosting another event in January, so keep your eye out for their promotional posters or check out brownsbay.org.nz.



Drone aerial photo courtesy RDM (Roof Design & Management) whose advert appears on page 33.

Active+ Albany: your springboard to good health

Advertiser

It's officially spring, which means it's a good time to start with intentions around fitness and personal health. At Active+ Albany, our vision is "to help you be the best version of yourself".

Our Pilates and yoga classes are aimed at helping you regain strength after injury or to improve your strength to avoid injury. If you're new to Pilates, your options are some one-on-one sessions with one of our physiotherapists, or our six-week beginner's course which currently runs on Wednesdays from 5.00 pm-6.00 pm.

We've two new classes planned: our six-week pre-natal Pilates course with Patrice Irvine, and the October launch of our over-65s "Gold Class" aimed at both fitness and balance and falls prevention. Check the website timetable for class times and details.



Sitting too long, tension in your spine and shoulders, and the hectic lifestyle that we live these days, can mean the need for more self-care. Our massage therapist, Ash Walsh, is the perfect person to alleviate these stresses. Ash is also a nutritional coach and can help you look at your eating plan to ensure you are getting the most energy and nourishment out of your diet. You can book through reception or online with Ash.



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Hours of practice
Mon - Thu: 7:00am - 7:00pm
Fri: 7:00am - 5:00pm
Sat: 9:00am - 12:00pm



Simon Bridges visits the ECB

Simon Bridges recently visited the East Coast Bays. We had a day packed full of events, visits and even a workout! Here's a snapshot of what we got up to...

SuperBlues

Every month I host a SuperBlues morning tea for local residents 60+, who have an interest in politics. Each time I invite a different National Party MP to speak and this month Simon joined us amongst a mid-winter Christmas wonderland. We had over 160 people come to hear from Simon and ask him loads of questions.



AUT Millennium Sports Institute

We were met by Mike Stanley (CEO), Alice Hume, Nigel Murphy and Grant Schofield who gave us a tour of their amazing facilities. AUT Millennium is a jewel in the crown of sport advancements and acumen. It was brilliant to see their highly technological equipment and testing spaces first-hand. We even met some sporting stars along the way...

Bailey Mes, Phoenix Karaka & Michaela Sokolich-Beatson - NZ Silver Ferns.
Imogen Ayris - NZ Pole Vaulter.
Dylan Schmidt - who will be representing NZ in Trampolining at the World Champs in Tokyo this November.



Albany Senior High School

Albany Senior has an amazing group of students in their politics club. The room was packed with very intelligent students asking great questions on climate change, economic policy and other in-depth topics. The students were clearly well-read and insightful as their questions were incredibly articulate.



Vanguard Military School

After talking about it for around a year, I finally did a PT session with the school and Simon joined me. We were blown away by the comradery amongst the students, the constant encouragement and team work. Man those kids are fit! Simon also took the opportunity to recommit to charter schools and promised to reinstate them.

ERICA STANFORD MP for East Coast Bays

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FOOD

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Every Tuesday, Get your friends, families and neighbours together to build your team and be in to WIN some fabulous prizes!
Phone to book - 09 473 0908



LIVE SPORTS

We will be televising the Rugby World Cup and all other major sporting events!



TERMS AND CONDITIONS:

To qualify for the \$100 bar tab, there needs to be a minimum of 20 people in the party. All 20 people must be a minimum of 18 years old. Minimum spend may apply, subject to availability, and bookings essential to T&Cs.

Phone to book - 09 473 0908

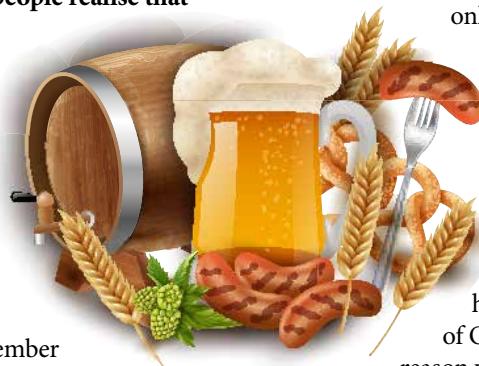


Cnr Glenvar Ridge Rd and Bounty Rd

Oktoberfest

As we anticipate Oktoberfest, how many people realise that we're actually toasting the 19th century marriage of Bavarian Crown Prince Ludwig (later to become King Ludwig) to the Saxon-Hildburghausen Princess Therese? Some of us just enjoy a good excuse to drink beer and eat eisbein, bratwurst or sauerkraut. However, the royal marriage is where the tradition began.

Held in Munich, this event begins late September and continues for two weeks, with the last day of the festival always falling on the first Sunday in October. At Munich Oktoberfest nearly everyone wears traditional Bavarian clothing. The herren (chaps) can be seen walking about in lederhosen, andfrauen (ladies) wear dirndl (that's the low-cut,



puffy sleeved, florally dress with a little white pinny). The main event has more than 30 beer tents and can seat from 4,000-10,000 people, plus there are additional beer gardens serving a few thousand more customers. Yes, it is massive! More than six million people from around the world attend annually. And, it's only been cancelled 24 times in 200 years.

Clearly those who have enjoyed Bavarian hospitality first hand have taken the tradition back home; Oktoberfest is now celebrated - albeit on a smaller scale - around the globe.

Is this because of Prince Ludwig and his bride to be? They may be the origin of Oktoberfest, but perhaps they're not the reason why its appeal continues to this day.

Oktoberfest, as we know it, is synonymous with good food and good beer, shared in good company. Perhaps this is the reason for its continued popularity. 

Taken variously from: Wikipedia; muenchen.de; forbes.com; delewaresaengerbund.org





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2 FOR 1 SELECTED MAINS BETWEEN 5-6.30PM

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This photo of Bruce Lee Sushi & Roll, Albany, Auckland on @Zomato is making me hungry!

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Dairy-free Crème Brûlée

"This recipe is a Lonestar classic but adapted by Albany's prep chef Steve Scragg to create a dessert for our dairy-free guests."

Makes: Approx 6 • Difficulty: Easy

Ingredients:

750mls coconut cream
1 tsp vanilla extract

12 egg yolks

125gm caster sugar
50gm desiccated coconut

Method:

1. Heat coconut cream, desiccated coconut and vanilla until almost boiling.
2. Whisk together the yolks and sugar.
3. Pour hot cream mixture through a sieve over the egg mix and whisk in.
4. Pour into 11.5cm ramekin dishes, fill to two thirds full.
5. Place ramekins in a baking tray and fill with hot water to reach halfway up sides.
6. Cover tray with foil.
7. Bake at 150 celsius for approx 25min.
8. Remove from water bath, cool and refrigerate.

To Serve

1. Sprinkle caster sugar evenly over the top of brûlée then melt with a blow torch, keep torch moving so not to heat the custard or burn the sugar.
2. Serve with fresh berries or compote.



Spring 2019 at DEEP CREEK BREWS & EATS

Oktoberfest

Saturday 5 October - Bavarian Fancy Dress,
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Rugby World Cup 2019

20 September - 2 November

Watch all the big matches on our big screens.



Sunday Sessions - Brews & Beats

Every Sunday we'll have DJ's and laid back live acts
playing in the Garden Bar from 2-5pm.



Spring Menu

Come and sample our fresh and delicious new Spring Menu.



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Monday 14 October / Monday 18 November, 7pm

Open Session for singers, songwriters and musicians to showcase
material, build experience and confidence
and network with other artists.

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DEEP CREEK BREWS & EATS, 111 CLYDE RD, BROWNS BAY. T: 09 479 6665

Raising the Bar

at Deep Creek Brews & Eats



Michelle von Molendorff first worked at the Deep Creek five years ago. After taking time to travel overseas, and further hone her skills in Australia and SE Asia, Michelle's back – this time as head chef. She brings flair and creativity with her, along with a strong desire to expand the perceived boundaries of "pub grub".

So, when she invited the **ShoreLines** team to try some of the new spring menu, we were excited!

We were greeted by Michelle and the manager on duty, Jess, who explained that we'd be trying some concept dishes. Every plate has a theme, which means that the flavour profiles will remain the same, but the choice of protein or vegetable ingredients could vary according to seasonal availability and diner preferences (for example, vegetarian or vegan).

The pub has a motto of sharing good food and drink with friends, so first we sampled two of the new "small plates". The two dishes could not have been more contrasting – but both were outstanding. The flatbread felt so nourishing as we ate it. "It's like a green powerhouse!" Jess smiled. (*It's my new favourite thing – Ed.*) The steak was only subtly seasoned so it didn't overpower the spicy sweetness of the egg. The combination was delicious.

We progressed from the entrées to the main courses. Once again, we were really impressed. The monkfish was chunky and succulent, with a tasty chargrilled crust. The mix of flavours and



Roast sirloin with a devilled egg dressing, house-pickled onion petals, watercress and hot buttered ciabatta. Suggested beer match: Wisdom IPA

Chickpea flatbread with hummus, griddled asparagus, avocado, pickled cucumber, rocket, sunflower seeds and pine nuts (VG, DF, GF). Suggested beer match: Nikau Lager



textures worked well, and the whole dish was hearty without being heavy.

The tempura broccolini looked beautiful and tasted superb. The almond purée had a lovely hint of vanilla, and the jus was enriched with a mushroom reduction.



Tempura broccolini with potato, sautéed mushrooms, almond purée, spinach, and marsala jus (VG, GF)

As she brought our desserts, Jess told us that the best was yet to come. It was hard to disagree.



"Banana split meets peanut butter semifreddo." Banana parfait with waffle, peanut mousse, caramel and chocolate sauce



"A fun play on a piña colada!" Rum and coconut panacotta with pineapple salsa and crumbled meringue (DF)

It was at this point that one of our team said, "This is fine dining territory." It was hard to disagree with that statement too.

These sweet treats were heavenly. If we hadn't already eaten two courses, we would've been obsessively scraping the plates. There were several comments about how we couldn't wait to come back and eat everything again.

The **ShoreLines** team make no secret of the fact we are Deep Creek fans. However, even with this potential bias, we were genuinely blown away by our experience. Michelle is taking gastropub dining to the next level. And – just before there's a riot – devotees of the burgers, ribs, and platters do not need to panic! These menu stalwarts aren't going anywhere. But for people who are looking for something beyond the norm, Michelle's innovative new additions absolutely hit the spot.

Pan-fried monkfish with curried lentils and buckwheat, broccolini, candied seed dukkah, and cucumber yogurt and mint leaves



NEW SCHOLARSHIP OPPORTUNITY

Long Bay College is proud of the many students who achieved Scholarship in 2018 in 18 different subject areas. The wonderful results demonstrate a breadth and quality of teaching at the school. Now, for the first time, the College's Performing Arts Faculty is assisting Dance students to become top scholars.

"The students are interested in challenging themselves further.



They are driven and committed to putting in what it takes," says the College's Head of Dance, Miss Kiaya Lupi. The students are required to choreograph and direct others in a routine. "It's a completely different skill to learn when you're not actually in the dance yourself. You need to be able to communicate what you are visualising for others," says Miss Lupi. Students' routines will be videoed for assessors and they also produce a comprehensive report.

Nationally, just three percent of Level 3 students earn a Scholarship, the highest academic achievement to be earned while at high school.

Ahead of Scholarship exams in November, the College held a celebratory breakfast for all Scholarship students in recognition of their commitment to their studies. Former Dux and Head Boy, Blair McIntosh addressed the students, providing them with study insights and encouragement.

Football legend heads to World Cup

Scholarship student and footballer, Charles Mani joined Long Bay College for Year 11 from the Solomon Islands. Back home, he is the legendary captain of the U17 Men's Football team who have become the very first team from his country, at any level, to qualify for a Football World Cup. It's a fantastic achievement that will see Charles' team travel to Brazil in October to compete in their first World Cup match against Italy. Playing on the world stage brings feelings of nervousness and excitement for Charles but he is thrilled to be fulfilling his lifelong dream of competing against teams from some of the world's strongest Football nations. "It's very exciting for the team and our country," he said. Charles' first match against Italy will be held on October 29 in Brasilia and will be live on SKY Sport.

As the main striker for Long Bay College's 1st XV Boys Football team, Charles has had a great season, scoring a whopping 21 goals across 12 games. He is thankful for the opportunities that living in Auckland and attending Long Bay College has brought him. College Principal Mr CJ Healey says, "Charles has an amazing work ethic and great skills. It's been a wonderful learning opportunity for both Charles and for our school to have him become a part of the Long Bay College family". In 2020, Charles will return to New Zealand to continue his Scholarship with the school.



Ashley takes action for Daffodil Day

Year 10 student, Ashley Binns decided to start her own fundraising initiative to raise funds for the Cancer Society's recent Daffodil Day. She successfully raised \$235 after taking to her local streets and door knocking to collect funds. She was motivated to begin a collection because a close family friend has cancer, her relatives have suffered from it and she was also touched by the heartfelt words senior student, Dominique Stallard shared at assembly about the impact of cancer on her family. "If I was in that position, I would be grateful if people raised money for the cause," says Ashley.



Long Bay College held a Mufti Day to raise funds for Daffodil Day and asked for a gold coin donation which raised almost \$3000, but Ashley had bigger, personal ambitions. "I wanted to take in more than just \$1 to school. I wanted to take in as much as I could!" Ashley also donated some of her own money and her parents and grandparents also supported the cause.

College Principal, Mr CJ Healey says, "Ashley epitomises the values of 'care' and 'community' of which our school and community should be very proud."

Helping people in need is one of Ashley's greatest passions and the other is to dance. She hopes to combine her interests and create a free dance school for young people who don't have the means to pay for classes. She is currently searching for a large enough space to accommodate those who are interested.



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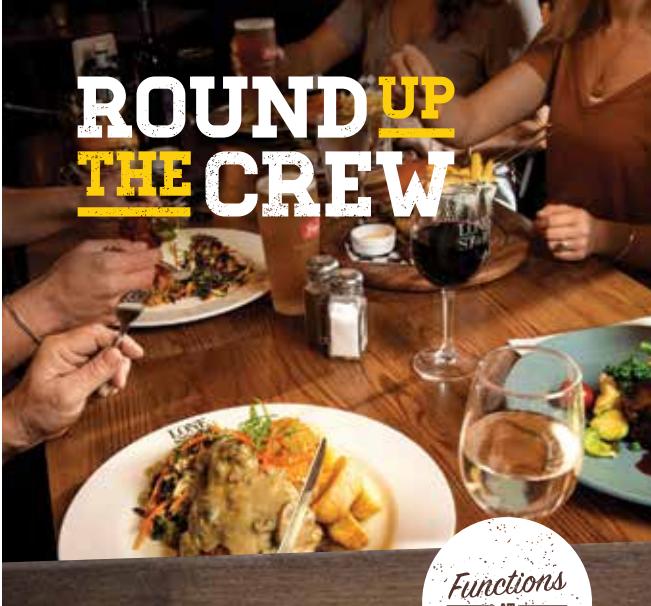
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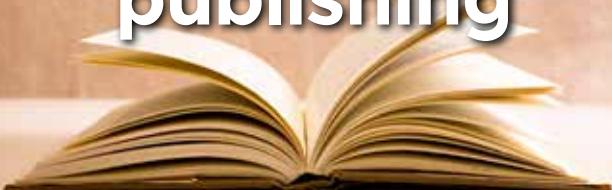
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You know what I mean, some of these family tales are well remembered and retold at gatherings (particularly when Great-Auntie Doris has had a tipple from the Christmas sherry) but all these stories are precious and deserve to be told and treasured so that future generations can remember the past and the value of family and your own history.

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Christmas Parade

December 7th 2019

Christmas Parade leaves from
Glen Rd, then Bute, Clyde, Anzac,
Glen, finishing in Glen Rd



Programme:

4.00:
Band in Phoenix Plaza

4.30:
Parade participants assemble Glen Rd

5.00:
Parade starts from Glen Road

5.45:
Parade finishes Glen Road

The lights are coming on!



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The Browns Bay Christmas Tree is back
in all its glory!

Head down to Phoenix Plaza for the Angel Star show by renowned
author and songwriter of children's stories Chris Sanders.
The Toyvan and bouncy castle will be on the beach front!

Friday 15th Nov 2019, 4:00pm–8:15pm

Phoenix Plaza, Clyde Rd, Browns Bay - Admission Free!



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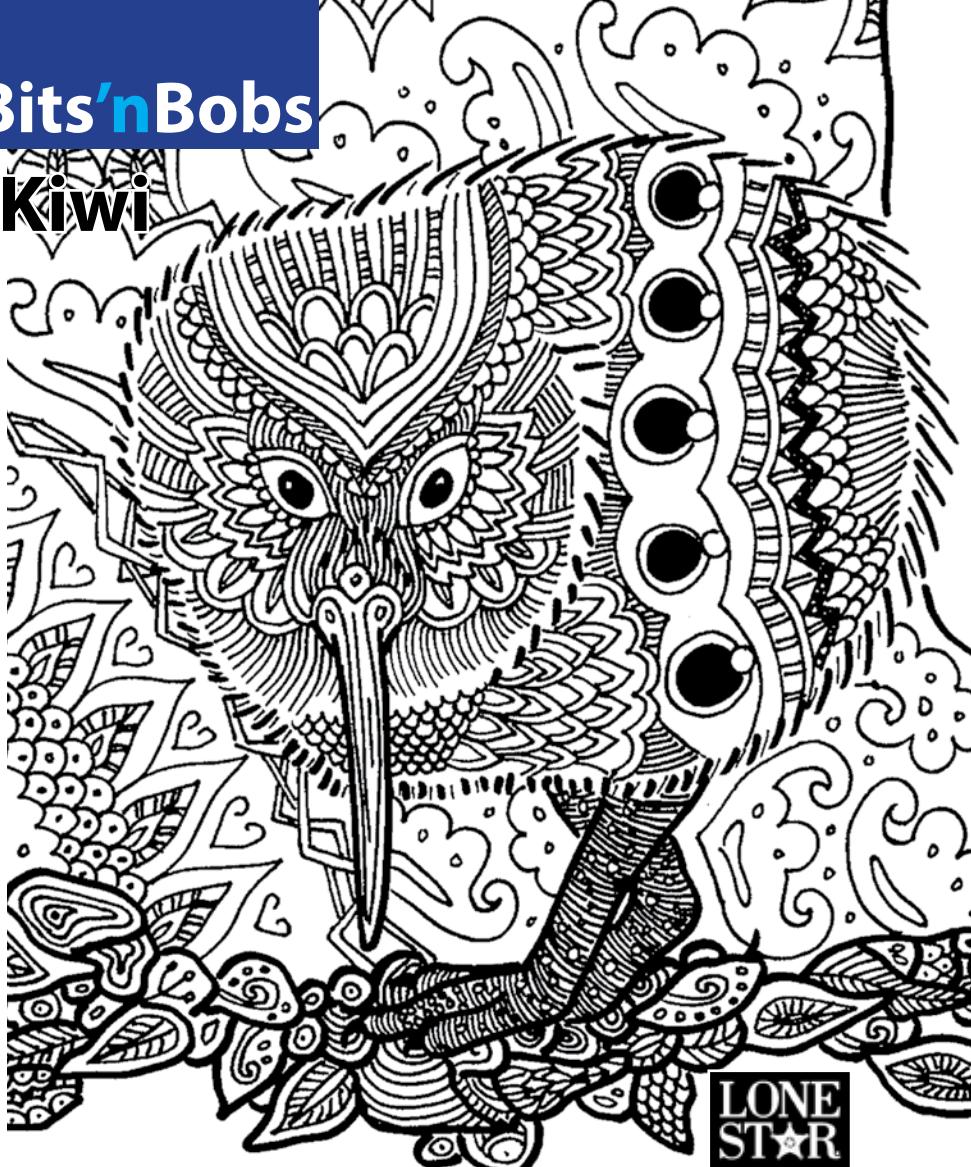
Little Spotted Kiwi

The little spotted kiwi, or little grey kiwi, *Apteryx owenii*, is a small flightless bird in the kiwi family *Apterygidae*. It is the smallest species of kiwi, at about 0.9 to 1.9kg, about the size of a bantam. It is endemic to New Zealand, and in pre-European times occurred in both main islands, but is now restricted to a number of small offshore islands and mainland reserves protected by pest-exclusion fences.

The little spotted kiwi has a length of 35 to 45 cm and the weight of the male is 0.9 to 1.3kg and the female weighs 1 to 1.9kg, making it the smallest species of kiwi. Their feathers are pale-mottled grey, with fine white mottling, and are shaggy looking. They lack aftershafts and barbules. They have large vibrissae feathers around the gape. They lack a tail, but have a small pygostyle. Their bill is ivory and long and their legs are pale.

Little spotted kiwis eat grubs and other small insects that are found underground, and occasionally eat berries. Hence the sharp talons and long beak, it digs into the ground with its talons then shoves its long beak down the soft ground. Since they can't fly to get to insects or food on trees and their eyesight is very poor they depend on a keen sense of smell, long beak and talons.

They nest in an excavated burrow, dug by both birds and sometimes line the nest with plant material. The clutch size is one to two eggs (15% have 2), and are incubated by the male for a period of 63–76 days. After hatching they stay in the nest for 2–3 weeks and require feeding for 4 weeks. The largest egg in comparison with the size of the bird is laid by the little spotted kiwi. Its egg accounts for 26 percent of its own weight—the equivalent of a human woman giving birth to a six-year-old child.



NAME:

AGE:

PHONE NUMBER:

PRIZE: 2 X \$25 LONE STAR VOUCHER

KIDS

COLOUR ME IN COMPETITION

Due to the popularity of this competition, we feel the need to split the entries in to 2 age groups - under 8 and 9-14 yrs. The chosen winners will be published in our December/January Issue of **ShoreLines**. Drop off your submission at Pages Print in Browns Bay before 9 November to be eligible.

HIGH & LOW TIDES (AUCKLAND)

OCTOBER 2019

| N.Z. LOCAL TIMES AND HEIGHTS OF HIGH AND LOW WATERS | | | | | | | |
|---|----------|-----------------|----------|-----------------|----------|-----------------|----------|
| Time | m | Time | m | Time | m | Time | m |
| 1 Tu | 0340 0.2 | 9 We | 0439 2.7 | 17 Th | 0412 0.6 | 25 Fr | 0507 3.0 |
| 1005 3.6 | 1052 2.0 | 1717 2.8 | 1032 3.1 | 1627 0.7 | 1112 0.7 | 1112 0.7 | 1212 0.6 |
| 1600 0.2 | 2321 1.0 | 2252 3.1 | 2252 3.1 | 2345 0.6 | 1736 3.2 | 2340 3.2 | 1736 0.7 |
| 2225 3.6 | | | | | | | 2359 3.0 |
| 2 We | 0429 0.2 | 10 Th | 0538 2.7 | 18 Fr | 0450 0.6 | 26 Sa | 0611 3.1 |
| 1054 3.6 | 1149 1.0 | 1810 2.9 | 1111 3.1 | 1708 0.7 | 1834 3.3 | 1807 0.6 | 1246 0.9 |
| 1650 0.3 | | | | 2333 3.0 | | 1902 2.9 | |
| 2315 3.5 | | | | | | | |
| 3 Th | 0517 0.3 | 11 Fr | 0012 0.9 | 19 Sa | 0530 0.6 | 27 Su | 0042 0.4 |
| 1143 3.5 | 0632 2.8 | 1239 0.9 | 1152 3.1 | 1751 0.8 | 0710 3.3 | 0710 0.8 | 1308 0.4 |
| 1740 0.4 | 1857 2.9 | | | | 1929 3.4 | | 1929 3.4 |
| 4 Fr | 0005 3.3 | 12 Sa | 0058 0.9 | 20 Su | 0016 3.0 | 28 Mo | 0136 0.3 |
| 0606 0.4 | 0720 2.8 | 1322 0.8 | 1238 3.0 | 1840 0.8 | 0613 0.6 | 0804 3.4 | 1400 0.3 |
| 1233 3.3 | | | | | | 2022 3.5 | |
| 1832 0.6 | | | | | | | |
| 5 Sa | 0055 3.2 | 13 Su | 0140 0.8 | 21 Mo | 0104 2.9 | 29 Tu | 0228 0.2 |
| 0656 0.6 | 0803 2.9 | 1400 0.8 | 0701 0.7 | 1329 3.0 | 0855 3.5 | 0855 3.5 | 1450 0.3 |
| 1326 3.1 | | | | | | 2113 3.5 | |
| 1927 0.8 | | | | | | | |
| 6 Su | 0147 3.0 | 14 Mo | 0219 0.7 | 22 Tu | 0156 2.9 | 30 We | 0318 0.2 |
| 0748 0.7 | 0842 3.0 | 1437 0.7 | 0756 0.8 | 1427 3.0 | 0945 3.6 | 1540 0.3 | 1540 0.3 |
| 1421 3.0 | | | | | | 2036 0.9 | 2203 3.4 |
| 2025 0.9 | | | | | | | |
| 7 Mo | 0241 2.8 | 15 Tu | 0257 0.6 | 23 We | 0256 2.9 | 31 Th | 0406 0.2 |
| 0846 0.9 | 0919 3.1 | 1513 0.7 | 0859 0.8 | 1530 3.0 | 1033 3.5 | 1033 3.5 | 1637 2.8 |
| 1520 2.9 | | | | | | 2140 0.8 | 2252 3.3 |
| 2126 1.0 | | | | | | | |
| 8 Tu | 0339 2.7 | 16 We | 0334 0.6 | 24 Th | 0400 2.9 | 32 Fr | 0500 2.6 |
| 0949 1.0 | 0956 3.1 | 1549 0.7 | 1006 0.8 | 1635 3.0 | 1110 1.0 | 1110 2.8 | 1649 0.7 |
| 1620 2.8 | | | | | | 2244 0.7 | 2334 0.9 |
| 2226 1.0 | | | | | | | |

NOVEMBER 2019

| Time | m | Time | m | Time | m | Time | m |
|----------------|----------|-----------------|----------|-----------------|----------|-----------------|----------|
| 1 Fr | 0452 0.3 | 9 Sa | 0555 2.7 | 17 Su | 0509 0.5 | 25 Mo | 0021 0.5 |
| 1120 3.4 | 1201 1.0 | 1818 2.8 | 1134 3.2 | 1736 0.7 | 1222 3.2 | 1826 0.7 | 0650 3.2 |
| 1717 0.5 | | | | 2359 3.0 | | | 1248 0.6 |
| | | | | | | | 1907 3.3 |
| 2 Sa | 0539 0.4 | 10 Su | 0645 2.8 | 18 Mo | 0554 0.5 | 26 Tu | 0116 0.4 |
| 1208 3.3 | 1246 0.9 | 1807 0.6 | 1222 3.2 | 1902 2.9 | 1222 3.2 | 1826 0.7 | 0745 3.3 |
| 1807 0.6 | | | | | | | 1340 0.5 |
| | | | | | | | 2000 3.3 |
| 3 Su | 0029 3.1 | 11 Mo | 0730 2.9 | 19 Tu | 0049 3.0 | 27 We | 0207 0.3 |
| 0625 0.6 | 1327 0.9 | 1454 0.3 | 1327 0.9 | 1944 3.0 | 0644 0.6 | 1431 0.4 | 0836 3.4 |
| 1258 3.1 | | | | | 1314 3.1 | | 1431 0.4 |
| 1859 0.8 | | | | | 1921 0.8 | | 2052 3.3 |
| 4 Mo | 0118 2.9 | 12 Tu | 0146 0.7 | 20 We | 0142 3.0 | 28 Th | 0257 0.3 |
| 0715 0.8 | 0811 3.0 | 1406 0.8 | 0739 0.7 | 1411 3.1 | 1520 0.5 | 1520 0.5 | 0925 3.5 |
| 1350 3.0 | | | | 2020 0.8 | | | 2142 3.3 |
| 1954 0.9 | | | | | | | |
| 5 Tu | 0209 2.8 | 13 We | 0226 0.6 | 21 Th | 0240 2.9 | 29 Fr | 0343 0.3 |
| 0809 0.9 | 0850 3.1 | 1444 0.7 | 0841 0.7 | 1511 3.1 | 1608 0.6 | 1608 0.6 | 1012 3.4 |
| 1445 2.9 | | | | 2122 0.7 | | | 2230 3.2 |
| 2050 1.0 | | | | | | | |
| 6 We | 0303 2.7 | 14 Th | 0305 0.6 | 22 Fr | 0343 2.9 | 30 Sa | 0429 0.4 |
| 0909 1.0 | 0929 3.1 | 1524 0.7 | 0946 0.7 | 1613 3.1 | 1655 0.6 | 1655 0.6 | 0925 3.5 |
| 1542 2.8 | | | | 2223 0.7 | | | 2317 3.1 |
| 2148 1.0 | | | | | | | |
| 7 Th | 0401 2.6 | 15 Fr | 1009 3.2 | 23 Sa | 1051 0.7 | 31 Su | 1152 0.6 |
| 1012 1.1 | 1637 2.8 | 1605 0.7 | 1050 3.2 | 1713 3.2 | 2324 0.6 | 1811 3.2 | |
| 1637 2.8 | | | | 2229 3.1 | | | |
| 2243 1.0 | | | | | | | |
| 8 Fr | 0500 2.6 | 16 Sa | 0426 0.5 | 24 Su | 0552 3.1 | 32 We | 0429 0.4 |
| 1110 1.0 | 1151 0.7 | 1649 0.7 | 0426 0.5 | 1811 3.2 | 1152 0.6 | 1811 3.2 | |
| 1729 2.8 | | | | | | | |
| 2334 0.9 | | | | | | | |

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