

East Coast Bays **ShoreLines** MAGAZINE

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Printed
bi-monthly

• June/July 2019

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a Shore
thing!

In this issue...

The local brewery that's taking on the world

50 years of family business in Browns Bay

Electoral Commission - helping you to make your voice heard

Why does HM The Queen have two birthdays?

Dining review: a hearty meal for a chilly winter's evening

...and much more

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From the Editor....



Dear neighbour

Cake. It's great, isn't it?! The team and I have been tucking in to some celebratory cake recently because ShoreLines is a whole year old. Our gorgeous publisher, Kim, has shared a few thoughts on this subject on page 24 – and the underlying message is a sincere THANK YOU. We couldn't do this without you, our readers, advertisers, and brilliant people allowing us to tell their amazing stories. So: nga mihi,

dankie, 谢谢, grazie, merci, and ευχαριστώ.

We're not the only ones expressing our gratitude. Gerhard and Gerry from Augenstein's have a special message for our community on page 17.

Nor are we the only ones celebrating. If you flick to page six you can read all about how one of your favourite local pubs is taking on – and triumphing over – some of the best breweries in the world. If you needed an excuse to enjoy a pint of craft beer and try out their new winter menu, this could be it!

What else...? Our dining review is a hearty meal for these crisper winter evenings. We've also an update on how the repairs for our local coastal walkways are progressing, and Corinne and Adrianne Lawrence have taken a trip down Memory Lane as they recall how

their family's been doing business in Browns Bay for half a century. These are the anecdotes we love to hear and the photos we love to see - so please get in touch with yours.

Look forward to catching up with you again soon.

Lizzie

25 YEARS OF EXCELLENCE

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Speakers Corner Ale House

Wayne and Jane Biddulph opened Speakers Corner Ale House in May 1994.

The current owners, John and Trish Quinn, bought the pub in 2001. John remembers that he was fresh off the plane from the UK when he drove into Browns Bay and first saw (with some disbelief) the Boddingtons sign outside the pub!

As well as the "Cream of Manchester", Speakers Corner has 23 beers and ciders on tap, to accompany some traditional English fayre.

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Happy Birthday (again), Ma'am!

**HM Queen Elizabeth II celebrated her 93rd birthday with
her family on 21st April. So how come NZ has a Queen's
Birthday public holiday on the first Monday of June?**

It all goes back to 1748 when King George II was on the throne. He was born in November, when the UK weather is pretty cold and unpredictable – making it difficult for the public to organise festivities in his honour. He therefore decided to combine his birthday celebration with an annual military parade that happened every summer. Ever since then, the second Saturday of June has been the British monarch's "official birthday".

Interestingly, it's not a public holiday in the UK. However, it's marked in several Commonwealth countries albeit on slightly different dates to fit in with other national holidays.



Did you know...?

Queen Elizabeth's full name is Elizabeth Alexandra Mary Windsor. Her family nickname – coined by her younger sister, Margaret – was Lilibet.

Officially, she owns all the swans and dolphins in UK waters.

She first met Prince Philip of Greece and Denmark in 1934, when she was just eight years old and he was 14. They're third cousins, as they both share the same great-great-grandparents, Queen Victoria and Prince Albert.

Elizabeth joined the Auxiliary Territorial Service in 1945, and trained to be a mechanic, making her the first female member of the Royal Family to join the armed services as a full-time active member. 1945 was also the year she learned to drive.

She married Prince Philip on 20th November 1947 and, due to strict post-war rationing, saved up clothing coupons to pay for her wedding dress. The government helped out with a gift of 200 coupons, and the British public sent in donations too – but these all had to be returned, as it would've been illegal to use them.

She celebrated her Diamond Jubilee in 2012, and is now Britain's longest-reigning monarch. This title was previously held by Queen Victoria (who reigned for 63 years, seven months and two days). Elizabeth passed this milestone on 9th September 2015.

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The brewery

in our backyard that's taking on the world

It began in 2011 with a couple of local lads who enjoyed making beer in their garage – and now Deep Creek Brewing has flourished into an award-winning, world-class craft brewery.

"Paul and Jarred were the main guys behind the business," says Deep Creek's marketing director, Scott Taylor. "They'd won a few home brew awards, loved this area, loved beer, and decided to open their own brew pub." Scott was invited to join the team soon after this. He'd been working in hospitality for nearly 20 years, running bars in Auckland and overseas. Funnily enough, he too was thinking of opening his own small home brew bar. "I was just sick of the usual beer choice," he explains. "In the majority of pubs, it was mostly the same types of lager – Heineken or Stella, Corona or Sol, Macs or Monteiths – and there was a scarcity of ales."

So, the team got busy! One of the first beers they brewed has become one of their flagship brands: an Indian Brown Ale called Dusty Gringo. Since then, they've explored all manner of flavours and styles from pale ales to IPAs, sours to stouts, putting their collective heads together to find exciting possibilities and try out, as Scott says, some "pretty crazy" ideas. These "weird and wonderfuls" have included a raspberry chocolate sour, a smoked chilli sour, a gin-lime IPA and the Lord Lamington stout. "I think my love for beer actually grows!" smiles Scott. "You're really only limited by your imagination."



Scott, Paul and Jarred

During the last 10 years, the craft beer landscape has blossomed. Scott reckons there were probably 60 brands when Deep Creek began. A 2019 survey of the industry by the NZ Brewers Association now counts 218 breweries in NZ. These aren't all

independent breweries, however; some have contracts with bigger players, such as DB or Lion. "One of the biggest challenges smaller breweries face is access to pub taps: probably 90 per cent are controlled by the main breweries, which means you've got more than 200 brands competing for the remaining 10 per cent."

This was one of the reasons that, when Deep Creek's pub in Browns Bay was renovated in 2016, it was decided to allocate permanent space to guest beers and ciders. "Previously our 20 taps were mirrored – the same 10 on the side as at the front – and we only poured our own beers, but we wanted to offer real support to other craft producers."

Scott enthusiastically remarks that the north and west of Auckland is something of a treasure trove for craft beers, with McLeods in Waipu, Sawmill in Matakana, 8 Wired in Warkworth, Liberty in Helensville, and Hallertau in Riverhead. "We've got some amazing people doing amazing things in this area, and it's part of our community spirit to support each other."





On average, Deep Creek releases one new beer every month. Sour beers are definitely on trend at the moment. (Scott is quaffing a Waikiki watermelon sour as we're chatting. It's a gorgeous, delicate shade of pink! Ed.) The flavour profiles for the kettle sours are like daiquiris, and the next scheduled release is Lava Lava which will feature mango and raspberry. "It's all about the 'island life'. That feeling of being whisked away on a tropical holiday."



The team has learned so much since those early days and improved processes accordingly – always with the focus of brewing great beer for their customers. One of the most notable changes was moving the brewing out of the pub and into a purpose-built facility. This not only freed up space in the bar but meant they could produce a greater number of beers in considerably less time. There's also a testing lab and a dedicated canning line. Barrel-aged beers take longer, and this has to be factored in to the release schedule and pricing. There are some wild ferment sours which have been in barrel for more than one year now. Senior brewer, Johan, tests them regularly and, as soon as he gives the nod, they'll be kegged or bottled.


And now, Deep Creek beers are gradually being savoured around the world. Australia is already a significant market, and they're also exporting to China, Malaysia, Thailand, Taiwan, and Norway. Japan has recently "come knocking", and negotiations are underway with other overseas markets too. What's great is that these countries are asking for Deep Creek's beers as they are, without taste adjustments to suit their own domestic palates. "The only adaptations we have to make are to the labels, perhaps tweaking the artwork or adding a few words of Chinese or Norwegian (for example.)

...continued overleaf

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Deep Creek Brewing's commitment to excellence has been recognised nationally and internationally, with many of their beers being awarded various gold and silver medals, and trophies. The pinnacle, so far, was winning Champion Small International Brewery at the 2017 AIBAs (Australian International Beer Awards). Did that come as a surprise to Scott and the team? "Well, we thought we were producing some pretty good beer, so we put our best foot forward," he laughs. "I think it was more of a surprise to a lot of other

people, who really didn't know who we were." In 2018, Deep Creek was the runner-up in this category (losing out to the brewery that they'd beaten in 2017!)

"We've come a long way in eight years, from a few guys who liked beer and liked the beach, and so opened a brew pub on the beachfront," reflects Scott. "Yes, we're taking on the world – but this bar, right here in Browns Bay, is still our home."



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*Deep Creek Brewing
won Champion
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Scott, Hamish (head brewer) and Caroline

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Rita and her granddaughter, Liana, have been clients of Driving Miss Daisy North Bays and Albany for almost a year. They originally approached Corlize and her team because they knew it would be a safe and reliable method of transport for Rita to get to and from her various appointments – but these expectations have been well and truly exceeded!

"Corlize and her drivers are lovely," says Rita. "There's always a smile on the driver's face as they come to pick me up, and they're very well presented too. Corlize is such a pleasure to deal with. She is such a happy, caring person, who really embodies what she stands for." There are special little touches



The best of pals! Rita (R) and her friend, Loris, enjoying cake and a cuppa at a Daisy Coffee Club outing.

in the vehicles like fudge squares and mints, and bottles of water. "Going out with them always feels like a treat."

Rita takes full advantage of Driving Miss Daisy's companionship services, and enjoys several jaunts every month, including Seniors Morning Tea Screenings at Event Cinemas Albany. "One time, my friend was supposed to come with me but had to cancel last minute because she was feeling unwell. Corlize brought her daughter along so that I had company in the cinema," Rita recalls fondly.

The Daisy Coffee Club is fun too, and it was on one of these outings that Rita met Loris, who's now one of her dearest friends. They also go to Morning Melody performances at Bruce Mason Centre. "It's funny to think we might never have met if it hadn't been for Driving Miss Daisy."

"Whether they're taking Nan to a doctor's appointment or to one of their social events, I know I can trust Corlize's team to transport her kindly and carefully," Liana explains. "I used to feel guilty when I was sometimes unable to take Nan to and from her appointments. Having Driving Miss Daisy when I've been unavailable has made a huge difference."

"They say that laughter is the best medicine," smiles Rita, "and there's a lot of laughter when I go out with Driving Miss Daisy!"

50 years of business in the Bays

Recollections of Corinne and Adrianne Lawrence

The Lawrence family have been local business owners for five decades.

In 1966, George and Marilyn Lawrence bought their first home in Browns Bay to later raise their two daughters, Corinne and Adrianne. At this time they started Lawrence Trade Pressing, located where the Bays Club is today. Three years later they moved their business to where the Victor apartments are currently being built (on the old New World site) and "George's girls" were off to Browns Bay kindergarten, and later to Browns Bay Primary School. The sisters vividly remember the walk down the main street to kindy and to school. Passing Golden Sands café, the service station with the big pot holes (where Westpac bank is), the black house with the big plum tree and picket fence (where Barfoot & Thompson is now), and the supermarket on the corner of Anzac Road with the camping ground (where Countdown is) across the road. With local business booming George wanted to move to the main street, but with nothing available he thought outside the square and purchased an alleyway (near the BNZ). It was long and narrow but was in a top spot.

These were the days when the local policeman lived with his family in a home where the police station is today. At any time you could knock on his door and he would be available to assist. East Coast Bays Council building was a small office on the main street. The "Lawrence girls" remember fondly the old man who used to be at the skating ring with his wooden crates full of roller skates with metal wheels for anyone to use for a small fee.

Saturday trading had just begun in Browns Bay; subsequently Friday late-night trading began, and they remember the fun times meeting with friends while the shops stayed open until 9.00 pm. Corinne's business, Stitch 'n Time, was one of the last businesses standing staunch for this to continue.



The Nike Roller Coaster was run for several years. It was so named because Nike had a factory on Anzac Road and supported this annual event. "The route went from Mairangi Bay through Browns Bay, up Valley Road, into Torbay and finished at Long Bay Beach. That trek up Valley road was a killer!" says Corinne. The Nike Factory was a major local employer for a while; Corinne and Adrianne both worked there.



Above: The wheelbarrow race
Left: Corinne running the Nike Roller Coaster



George supported many local sports clubs, including East Coast Bays Rugby Club, where he managed, and sponsored several rugby teams. He always had creative ideas, like wheelbarrow races down the main street of

the shopping centre. George was also very proud to be a founding member of the Bays Club.

In 1980, George and Marilyn founded the Sundowner Caravan Park in Relko Crescent, Torbay. George's dream was had always been to create a top-notch holiday park, but he largely put these personal wishes aside when homeless people (including families) asked for assistance. "There was virtually no emergency housing in the bays at that time," explains Adrianne. "Dad used to go out and buy caravans for those who had nowhere to live. The op shops did well with us, as these caravans often were made fully equipped."



In 1997 Adrianne moved her current clothing alteration business, and bought Stitch 'n Time Clothing Alterations Browns Bay. The shop moved to its present location in 2003.

In 2015, Corinne took over Stitch 'n Time and, Adrianne had a complete change of direction, becoming a real estate agent for Barfoot & Thompson Browns Bay. (See pg 16)



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Coastal Walkways update

In May 2017, severe weather battered this area and damaged dozens of local walkways and coastal paths, including Lotus walkway (at the northern most point of Browns Bay beach) and Crows Nest Rise walkway (on the clifftop between Murrays Bay and Mairangi Bay.) ShoreLines contacted John Schermbrucker, Auckland County Council's community facilities head of project delivery, and Julia Parfitt, chair of the Hibiscus and Bays Local Board, to find out how repairs are progressing.

"There were more than 100 'failures' region-wide caused by those storms," explains Julia. "It has taken an amazing amount of time to get the repairs and renovations for Lotus and Crows Nest Rise under way, but both of these walkways are complex projects and the simpler jobs were prioritised."

Restricted and narrow access, geological structure, and underlying infrastructure are three of the challenges which have to be addressed. Gaining consents and sourcing funding is not straightforward, and budget is an issue as all of the geotechnical solutions are extremely costly. There's also the risk of the walkways being damaged by future storm events. Furthermore, Crows Nest Rise walkway is part of the Te Araroa Trail and is vulnerable to coastal erosion.

Above all else, safety is paramount: site safety and user safety. Walkers are urged not to ignore warning notices nor clamber over barriers. "I do understand the frustration," says Julia, "but please don't do your own 'internal assessment' and decide that it's safe." She has received correspondence from locals, concerned that the walkways are being permanently closed rather than repaired. "Let me assure you, that's absolutely not the case."

John confirms that there is tremendous local support for the works being carried out; more than 90 per cent

of feedback received by Auckland Council was in favour of repairing Crows Nest Rise walkway. Julia reports that public meetings have been well-attended too, with more than 120 people going to an unofficial public meeting on Mairangi Bay beach, and an even greater number turning out for the Outram Hall official public meeting in March.

The existing structure of Crows Nest Rise walkway was damaged and at risk of falling on to the beach below. It

was removed from site in early May. "Site investigations are continuing to assess the stability of the whole walkway," John comments. "The stairs damaged by the slip will be repaired and that section of the walkway will be reopened by the end of the year."



In determining the most appropriate way forward, Julia acknowledges the valuable input from "expert residents" – geologists and geotechnicians who have been able to ask highly informed questions and offer professional advice on the projects.

The remediation work on Lotus walkway is now almost complete. It is expected that final recommendations for the

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repair works to Crows Nest Rise walkway will be presented at the next Hibiscus and Bays Local Board meeting in June.

ShoreLines will share updates for this project in upcoming issues.



A technique known as "soil nailing" is being used to strengthen and secure the Lotus Walkway structure. "The good news is that, now we've the resource consent and the works have been consented, the repairs are happening at a rate of knots," says Julia Parfitt.

Plans for age-friendly Auckland

Auckland Council is encouraging seniors to share their ideas about how the City can help to maintain their well-being and active participation in their community.

Once the "Auckland Age-friendly Action Plan" is drawn up, an application will be made to join the World Health Organisation Global Network of Age-friendly Cities and Communities.

A series of community workshops is underway and these are free to attend. Upcoming dates that are closest to East Coast Bays:

Monday 10th June: 1.30 pm-3.45 pm Northcote Citizens Centre, 5 Ernie Mays Street, Northcote

Monday 24th June: 1.15 pm-3.30 pm Albany Community Hub, 575A Albany Highway, Albany

For a complete list of workshops, and more information about how you can have your say, visit aucklandcouncil.govt.nz and search for Age-friendly Auckland. The consultation period ends on 5th July.

AB

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Beauty is when you appreciate yourself. So, AB Hair & Makeup have designed the ultimate self-care package to help you live life beautiful.

Book a **Cut & Style** before June 30th 2019 and receive a complimentary Express Makeup Voucher to the value of **\$40**.

As an optional extra, why not pamper yourself to an express 30 minute facial valued at **\$50**!

09 478 8395

Shop 9, The Mall, 92 Clyde Road, Browns Bay, North Shore
Email: info@abhairandmakeup.co.nz

www.abhairandmakeup.co.nz

FREEZE MY FAT 4 EVER

LOSE UP TO 26% OF FAT IN ANY AREA WE FREEZE

FAT FREEZING COOL SCULPTING

Miss Nouné
Upper Arm Treatment



BEFORE



AFTER

4cm loss 42 days
after 1 treatment session

Mr Alberto
Abdomen Treatment



BEFORE



AFTER

6cm loss 60 days
after 1 treatment session

AUTUMN SPECIAL

Book your appointment and pay only **\$250**
for treatment to 2 areas (usually \$700)

FAT FREEZING, BROWNS BAY

Coral Pereira, Cryo Specialist, Mb. 021 136 5438, Ph. 09 479 4748

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ON THE LATEST MACHINE**

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- Birthday Parties
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- Indoor Pool Temp 33°
- Family Owned Business
- 4 Children Per Group
- Babies / Preschool / School Age / Adults
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Bookings Being Taken Now!

Ph: 476 2223 | 44c Anzac Road, Browns Bay

Barfoot & Thompson

"Your mind is like a parachute ... it works best when it's open!"

Full of enthusiasm and positive energy, Adrienne is tireless in the pursuit of doing her best for her clients and customers.

With a natural ability to make you feel comfortable, and a local of Browns Bay for over 40 years, Adrienne doesn't put on airs and graces... she tells it like it is.

This sort of openness and honesty in a real estate agent is refreshing, and invaluable to get the best results for you.

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Adrienne Lawrence Residential Sales

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Browns Bay P 09 478 5119

E a.lawrence2@barfoot.co.nz



Budding Artists get rewarded!

LONE STAR
ALBANY

In every issue of ShoreLines we will include a page for colouring in. The picture will feature one of New Zealand's unique wildlife. We invite our young, budding artists to give it a go and fill in the gaps in one of our images.

Winners will be drawn from each issue, and Lone Star (Albany) kindly sponsored the most recent issue with a \$50 restaurant voucher. This month it was difficult to choose a winner because all the entries were great. However, we finally chose Charlotte & Ruby combination tag team. Congratulations girls!



Charlotte & Ruby receive their voucher from Kim Taylor - ShoreLines Publisher



How to report emergencies and non-emergencies to NZ Police

The East Coast Bays is our local community, and we all have a shared responsibility to help keep each other safe. We know our neighbourhood better than anyone, which is why NZ Police encourages us to report suspicious or unusual individuals and activities.

When to call 111

Phone this emergency number and ask for police, if:

- Someone is badly injured or in immediate danger
- There's a serious risk to life or property
- A crime is being committed and the offenders are still there or have just left
- You've come across a major public inconvenience, such as trees blocking a highway

NADER HAIR

PROFESSIONAL HAIR SALON

83 Apollo Drive, Rosedale Road, 0632

For an appointment with
Nicole Suter Style Director
New at the Team of Nader Hair:

Call: 021-216 9227 or 09-478 3865

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All Award Winning Hairdressers



Fully Qualified Hairdresser for 39 Years.
Nominated Regional Finalist for Master
Stylist of the year 2017 and 2018.
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2 years to keep up with the latest Trends

I would like to Welcome you to a
Great Experience at Nader Hair

Nicole Suter

On presentation of this advert. Not Redeemable for Cash or Refunds,
or Retail Products. Validated till 30 June 2019 only with this Voucher.
Not on Student and already discounted Kids Cuts



111 calls are always free. You can phone this number from your mobile, even if it's out of credit.

When to call 105

NZ Police receives 900,000

111 calls every year, of which approximately 20 per cent result in an emergency or immediate response. The remaining 80 per cent, while still prioritised, are considered non-emergency matters. Therefore, to try and relieve the pressure on 111, this non-emergency number was launched in early May. 105 can be phoned for free, at any time to report non-emergencies, such as:

- A stolen vehicle
- Damaged property
- General information about crime in your area

The key message is that if it's happening now or just happened and there's a threat to life or property, call 111. If it's already happened and there's no immediate danger, call 105.

How a community came together

Augenstein's has been at the heart of Browns Bay for thirty years. The family business is run by Gerhard and his son, Gerry, who are third and fourth generation jewellers, clock and watch makers. Everybody knows Augenstein's – which is why the events on the evening of 8th May were all the more saddening and shocking.

Gerhard and Gerry contacted **ShoreLines** because they wanted to share a few words publicly, with you, their friends, neighbours and customers.

"The support we've received in the aftermath of the burglary has been very humbling.

It seems that the car took two or three attempts to smash through, so the damage was heavy. Even so, it probably looks worse than it is, and we want to reassure our customers that none of their precious items were taken.

The police responded very quickly and thoroughly. They launched the helicopter to try and track down the thieves, made sure that the offenders' car was removed within just a couple of hours, and stationed an officer outside our premises overnight too.

Our landlord's been very understanding, as have the insurance assessors, and the glazier who sorted out the emergency glass which had to be custom cut. Of course, our staff have been wonderful, putting their shock aside and focusing on taking care of our customers.

We've even had other jewellers get in touch saying that we're welcome to use their workshops. Fortunately, our workshop wasn't actually damaged so we didn't need to take this up. And then there's the local community. Many people have contacted us with kind, sympathetic messages and offers to help clean up.

So, we just want to say a heartfelt "Thank You" to everyone. Your support has been quite overwhelming and means the world to us."

Thank you



Get more living in your life.

We'll help you find your path to independence so you can live your life, your way.



Mobility Scooters | Walkers | Wheelchairs | Daily Living Aids

**13-15 Bute Rd,
Browns Bay**

0800 625 100 | ilsnz.org

Weekdays: 9am - 5pm | Saturday: 9am - 4pm

Top five tips for preparing your property for winter

As suggested by Sean Brandon, Roof Design and Management

1. Check your spouting and, if you have them, internal gutters. Clear leaves, vegetation and organic matter to prevent overflow during heavy rain.
2. Clear all external drains of fallen leaves. This is an ongoing job until the end of winter!
3. Check all external seals around doors and windows. Use a quality, external-grade sealant to improve, where necessary.
4. Check energywise.govt.nz to see if your insulation meets the recommended standards. Effective insulation will help you to retain heat during winter and enjoy the benefits of reduced heat gain next summer.
5. When was the last time you had your heat pumps serviced? At the very least, check the filters. It's probably advisable to ask a qualified technician to give the units a bit of TLC.

Safety first! Whenever possible, check your property from ground level. If you do need to use a ladder, please ensure that you take appropriate health & safety precautions. And, if in doubt, seek assistance from a professional, competent tradesperson.

Winter's here. Is your roof up to the job?



Before you commit to a re-roof, get an independent appraisal and recommendations from an industry specialist with more than 25 years' experience.

Commercial/industrial and residential roofs safely and professionally inspected.



Sean Brandon
Ph: 021 0297 3480

E: sean@roofdesignandmanagement.co.nz
W: www.roofdesignandmanagement.co.nz



Bays Community Centre Newsletter

June/
July
2019



2 Glen Rd Browns Bay; ph 478 4091; bayscommunitycentre@gmail.com



QUEEN'S BIRTHDAY CELEBRATION

Wed 5 June
Barbara Algie MBE, local poet
& writer will share some of
her stories.
Join us for high tea 10.30 at the
Bays Community Centre.
No charge, but registrations
essential; ph Debbie 478 4091
to book.



Join us on Sunday 16 June,
6am at MERC, Long Bay, to celebrate the Maori
New Year.
Please phone Sally, 478 4301 to book for
catering purposes.



MAIRANGI ARTS CENTRE

Exhibitions:
North Shore Salon of
Photography
5-17 Jun
Matariki 22 Jun-2 Jul
We Art MAC 27 Jul-20 Aug
20 Hastings Rd,
Mairangi Bay
www.mairangiarts.co.nz
Ph.478-2237



CHILDREN'S BIRTHDAY PARTIES

Need a venue for your
child's winter party?
St Anne's Hall is the
perfect venue.
\$20 an hour.

Ph Debbie on 478 4091 to
book.

THE ANNUAL GENERAL MEETING OF THE ECB COMMUNITY PROJECT

Will be held at the Community Centre on
Tue 25 June at 7.30pm.

Come & join us as we celebrate our 28th year of
working in our wonderful community.
If you love the Bays as much as we do, & are
interested in joining our happy little band of
volunteers, please contact Sally on 478 4301 or
ECBCP@xtra.co.nz

Roses are Red

A drama
written and directed by
Paul Topliss

HIGH DREAMS ON THE BORDER
HIGH JERKS IN SPAIN

Costa del Packet

A farce by
Anthony Booth
directed by
Lynne Davis

A Comedy Theatre production by special arrangement with NZ Play Services Ltd and Torbay Theatre Ltd

Gate Theatre. Torbay Community Hall		June	
Thur	6	7.30pm	
Fri	7	7.30pm	
Sat	8	7.30pm	
Sun	9	2.00pm	
Wed	12	7.30pm	
Thur	13	7.30pm	
Fri	14	7.30pm	
Sat	15	7.30pm	

Please book at
www.torbaytheatre.com
For more information
phone 473 5454

Adult	\$25
Concession	\$20

SENIORS EXERCISE TO MUSIC

Come & join a friendly active group of
young-at-heart seniors. The class
includes aerobics, light weights,
balance work & stretching.
Great for mind, heart & bone health.
Mon & Wed 11am-12pm - \$7 per class
36A Anzac Road Browns Bay
Come along or contact Julie
on 021 233 7607



Check our Facebook page for regular
updates between newsletters:
Bays Community Centre/Facebook.
New classes & courses are always
appearing! You can also subscribe to
our regular e-newsletters;
email Debbie at
bayscommunitycentre@gmail.com

FOOD SAFETY CERTIFICATE TRAINING

Basic Food Safety Course Book

Property of Food Safe Limited

FOOD SAFE

Classes run on Sat,
8.30am - 3pm at Browns
Bay Community Centre
\$139.13+gst

BOOK at foodsafety.net.nz
Council Approved + NZQA-Registered PTE

East Coast Bays Community Project

...providing support, connections & resources to enhance the wellbeing
of our community

Whakarato tautoko, nga rauemi me te waiora i roto i to tatou hāpori



CLASSES & GROUPS @ THE BAYS COMMUNITY CENTRE

2 Glen Rd Browns Bay

SPECIAL INTEREST ACTIVITIES & GROUPS

AA meets weekly on Thursdays. Ph Keith 021 252 7455

Al-Anon also meets weekly; contact Sally 021 201 5219

Better Blokes Men Supporting Men. Support, groups, workshops. northshore@betterblokes.org.nz; ph 021 174 9252

Browns Bay 60s Up Ph Cecilia 413 9960

Mahjong Thu 10am-2pm.

Ph Jane 478 5392 or Patsy 475 5763

Newcomers' Network Tuesdays 6pm.

For more info contact

Eugene@networkfs.co.nz; ph 022 276 0085

North Shore Board Games Wed evenings.

Ph Alistair 022 653 3134.

Overeaters Anonymous Meets Tue & Sat evenings.

Ph Neish 022 644 7175

Rummikub Wed mornings. Ph Annette 441 3019.

Social Scrabble Group Tuesdays 10am; \$1 per session.

Ph Malcolm 445 8034

Together: Bereaved Parents' Support Group

Tue 7-9pm Jenny 021 022 80488

U3A Browns Bay Are you retired? U3A Browns Bay

offers you top-line speakers & the opportunity to explore new interests in study groups at convenient times. Ph Glen 027 541 2241 . www.u3abb.net.nz

Widows & Widowers Ph Judith 479 6042

Writing Family Memories for Future Generations

Older Women's Network . Ph Patricia 479 7519

LANGUAGES

Amicale Francaise First Sunday of the month for petit dejeuner & conversation. afnorthshore@gmail.com

English Browns Bay Community English School. Mon-Fri daytime. Several levels. Ph Linda 478 3107. www.brownsbayenglish.co.nz.

French Ph Corinne 09 426 1104 or 021 880 649. corinne.monecole@gmail.com

HEALTH, FITNESS & WELLBEING

Chair Yoga Mondays 5-6pm; anuyoga37@gmail.com

Hatha Yoga Mondays 6-7pm; anuyoga37@gmail.com

Divine Intervention Introduction to Self Healing

3-hour morning session, limited numbers. \$30.

Ph Judy 478 6065.

Laughter Yoga Seriously good for you. Join in the fun for an internal jog every Sat 9-9.45 am. Ph Louise 027 475 3734 or email laughterbrownsbay@gmail.com

Reiki 4th Wed of the month. martinturback@icloud.com

Sahaja Yoga Meditation Find peace and balance within yourself. Wed 7.30pm. Free of charge. Ph Maria 479 9511.

Tai Chi Thursday 8.15-9.15am. Individual tuition is also available. 021 764 980; wailingwan@gmail.com.

Tai Chi Monday evenings & Wednesday afternoons.

Ph Bruno 021 155 4606

Tai Chi Fridays 9.30-10.30; Sherie 021 536 411

ART & CRAFT

Bays Patchwork Fortnightly Thurs, 7-9.30pm.

All levels of ability, beginners to experienced.

Demos & classes also held. Ph Sue 413 8239.

Crazy Quilters This fun, relaxed group meets 4th Saturday of each month, sharing ideas & techniques of an old patchwork style. Ph Marilyn 476 9585

Browns Bay Evening Spinners

2nd & 4th Tuesdays; Nicole ngrassmeyer@hotmail.com

Make Give Live Becky 022 317 5838

North Shore Sunday Quilters

Bring along your knitting, sewing or embroidery project for fun & friendship. Open group, non-teaching. Ph Melva 479 7572.

On the Hook Crochet Club Saturdays 3.30-5pm.

Ph Olga 021 023 84495.

FOR KIDS

Realistic Drawing Classes Ages 5-12. Mon, Tue, Thu, 3.30 & 4.30. Ph 021 023 60215

CLASSES & GROUPS @ ST ANNE'S HALL

Cnr Beach & Glencoe Rds, Browns Bay

DANCE

Bays Dance Studio Mon & Thu. Ph Anna 021 123 1557

Braemar Scottish Country Dancing Tuesday evenings.

Ph Yvonne 410 9216 or Sue 473 3633

Ceroc Dance Wed. Beginners from 7.30pm, Intermediate 8.30pm.

First class free for all new beginners, no partner required.

For more info ph 0272 957 007 or visit www.modernjivedance.co.nz

Dance Expression Ballet technique with hints of other styles.

5.30-6.15. Fridays. \$10 casual; \$90 for 10 classes.

First class free. www.danceexpressionnz@gmail.com.

Ph Rebecca 021 029 09303

KIDS' ACTIVITIES

Get Messy Playgroup

Thursdays 9-12. nzgetmessy@gmail.com

Browns Bay Playgroup

Mon, Fri 9-11am; Wed 8.30-11

Ph Dalene 027 519 8468

HEALTH, FITNESS & WELLBEING

Born Again Bodies Wed afternoons. Strength, balance & flexibility at any age. aandsyme@gmail.com

Pilates Tue 9.30-10.30, school terms only.

Ph Eva 022 076 6112

Power Hooping Thu 7pm. The fun way to get in shape.

Ph Jackie 027 444 7064

Senior Movement Mondays. Contact Bev eastonb57@gmail.com

Table Tennis Mon, Tue & Fri 11.30am-1.30pm.

For all ages & levels of ability. Ph Debbie 478 4091

We have 9 rooms of various sizes available at our 2 very centrally-located venues.. If your group is looking for a place to hold meetings, or if you would like to start a community course, contact Debbie on bayscommunitycentre@gmail.com or ph 478 4091. Our rates are affordable; we provide free advertising & we are able to help you get a group started.

COMMUNITY NEWS



KATIE QUIRKE PILATES

Now offering private and duet sessions at new home-based studio.

For enquiries please email katiequirkepilates@gmail.com



EAT PLAY LAUGH

Join Wendy 10am-2pm on the 1st Monday of the month (but not on Queen's Birthday 3 June) for a cooking demo, a fun activity, lively discussion, lots of laughter & a delicious shared lunch.

Bays Community Centre.
There is no charge for this, but you do need to book with Wendy: 476 9180.



Get Messy
Thursday 10:30-11:30
Laugh Play Learn



Get Messy is all about providing children with exciting opportunities to get messy & explore fun new sensory activities. Come along for an hour, have fun with your little ones & then (THIS IS THE BEST BIT!) just go home and relax while we take care of the mess.

I know, sounds pretty great, right?
Get Messy is ideal for children over 6 months (or sitting unaided), up to school age
www.facebook.com/nzgetmessy
www.instagram.com/nzgetmessy



THINK FRENCH-THINK CORINNE

Mon Ecole French School.
Improve your French; Speak French;
Learn French; Prepare for your exams
For those who wish to travel.
Adults & children
Group (max 4) or private class
corinne.monecole@gmail.com
tel 021 880 649

SOCIAL PRESCRIBING

Social prescribing enables healthcare professionals to refer patients to a link worker to co-design a non-clinical social prescription to improve their health and wellbeing & has been in place in the UK for a number of years. People can self-refer and a link worker may also refer them back to a health professional if they identify a medical need. The link worker works with individuals on a programme of person-centred services or activities which could include community activities such as gardening, choirs, music, English language classes, ethnic or national community groups, visual art/craft activities, other educational or cultural activities, counselling or debt advice, exercise programmes.

Social prescribing views people not as a 'condition' or a disability but quite simply as a person. Social prescribing supports the individuals, families, local and national government and the private, voluntary and community sectors to work in collaboration.

Outcomes from social prescribing include improvements in physical and emotional health & wellbeing, cost effectiveness & sustainability, building up local community behaviour change. The ECB Community Project will be holding an information evening to discuss Social Prescribing. If you would like to find out more, contact Sally on 478 4301 or ECBCP@xtra.co.nz

FINDING MY WAY IN AOTEAROA

Are you a newcomer to NZ?

You are invited to join with others & participate in experiences that characterise living in Aotearoa/New Zealand. The Maori world view is a critical part of this experience & iwi will help us participate & learn in a genuine way.

Experiences will be offered in a manner that protect you, other people & the natural environment.

For more information, contact

Sir Peter Blake Marine Education & Recreation Centre 1045 Beach Rd Long Bay.
www.facebook.com/sirpeterblakemerc/ Ph 473 0714



BROWNS BAY COMMUNITY ENGLISH

English as a second language for adults.

All 4 levels now taught

at the Bays Community Centre:

Elementary to Upper.

Full details on our website:

www.BrownsBayEnglish.co.nz

Ph Linda 021 023 95103 or Di 021 667 855

LEARN FRENCH

Theatre Class teens/adults. Conversation & current events

For travel, study, pleasure or exams. Grammar & oral

Revision, holiday intensive. French singing group. Group/individual. Any level, any age. In Browns Bay/Torrey.

Dr Lynette Wrigley-Brown (PhD French), ph 0210 294 0630 or 478 7911. lynettewrigleybrown@gmail.com

DEFENSIVE DRIVING

Make your teen a better, safer driver. Stu Buchanan from the Auckland Defensive Driving Academy has been running this course at the Bays Community Centre for 16 years.

Our next 8-hour course will be 8, 10, 15, 17 July, 12.30-2.30.
Ph Stu on 486 1909 to book

This is what past participants have told us:

'I'm now paying more attention to my speed'

'Very fun & interactive, never a boring moment'

'It showed me how things can get pretty bad'

'It showed me hazards I wouldn't have ID'd before'



'Made programme more exciting'

Community News

DEEP CREEK HAS BEEN WIDENED...

The long-awaited trimming of the mangroves between the bridges has been completed.

There were enough volunteers on the day to get the job done in roughly 3 hours & clear a 4 metre wide path through the entanglement of mangroves that has been choking the creek & creating a very dangerous situation for those who dared to paddle up.

A very satisfying result; the estuary looks so much better for it and it now can be used safely.

If you would like to be part of this project, there is a lifetime membership of \$10; & plenty more work to be done. deepcreekrestoration@gmail.com



SONGBIRD EASE

- with crystal bowl singer Renata.

Lie down & bliss out for deep rejuvenation. \$20.

Friday fortnightly (almost)

1-2:30 pm.

Phone Linda 021 345-074.

TORBAY FRIENDSHIP CLUB

Meets on the 2nd Thursday of each month at 10am in Torbay Community Hall. Anyone may make up to 2 visits to decide whether or not to join a vibrant club. Contact the membership secretary 473 7908.



SPARKLE FOR BRILLIANCE

-Tap into your brilliance.

\$45; Sunday starts 2 June

(& then 1st Sun of the month); 2-4:30 pm.

Get insights & cheerleading for your purpose, your passion or your project.

Fun-cilitator

Linda McDermott.

SPARKLE FOR WOMEN

- Brighten your Public Speaking. \$45. TBA.

Brighten your voice, speak from the heart, add inspiration or humour to your speaking.

All levels welcome.

Ph Linda McDermott 021 345 074.



DO YOU HAVE A CONNECTION WITH ST ANNE'S HALL?

This little community gem has had quite a busy life... This much-loved simple weatherboard building has served a number of purposes over the years. Originally built as a dwelling, it was converted into an Anglican church in 1943 & retained this role until the early 1970s. It has been home to City Impact Church, the ECB Community Creche, the Bays School of Dance & is currently where the Browns Bay Playgroup meets 3 days a week. It is used by dance & fitness groups & is busy in the weekends for children's birthday parties. There are regular Record Fairs at the Hall, there's an annual Orchid Show, the occasional Spiritual Fair, Rug Sale, Garage Sale..

You name it!

We are planning a commemorative art work to celebrate the history of St Anne's Hall.

Did you get married there? Hold your 21st? Meet your husband? Leave your baby for a few hours of 'me-time'? So many memories!

If you would like to leave your mark at the hall for future generations, register your interest with Debbie at

bayscommunitycentre@gmail.com

INTERNATIONAL FRIENDSHIP GROUP

Meets every Wednesday at 10am at the Bays Community Centre.

Join us for conversation & friendship. Practise your English, or—if you're an English speaker, help others! & find out about life in NZ; it's a great place to ask those questions that have been bugging you. No charge; morning tea provided.

BROWNS BAY CITIZENS' ADVICE BUREAU

2 Glen Rd Browns Bay
The place to go when you need to know

Contact us for a wide range of free, confidential & impartial advice.

Open Mon–Fri 9am–4.30pm

Justice of the Peace clinic daily, ph for times as these vary: 479 2222



There is also a JP service at the Albany Library Mon afternoons & Sat mornings, & at the NS District Court Tue, Wed, Thu 2.30-4.30

PRACTICAL SUPPORT FOR TEENS IN THE BAYS 16 & 17 YEARS

Bays Youth can help you

- * Apply for jobs
 - * Sit your learner's
 - * Prepare for interviews
 - * Create or update your CV
 - * Budget & build savings plans
 - * Identify & work towards dreams
 - * Explore career & education options
 - * Build a study plan to get through NCEA
 - * Understand your strengths & weaknesses
- We are passionate about helping young people reach their full potential.***

Our youth coaches are trained & equipped to work with a variety of people with many different needs.

Get in touch today to see if we can help you.

www.facebook.com/baysyouth

info@baysyouth.org.nz

www.baysyouth.org.nz

022 010 6975

The Bays Community Centre Newsletter is published bi-monthly.

We welcome your community news; there is no charge for community organisations.

Deadlines for publication are 12 July, 12 September, 12 November- at noon.

Inquiries to the East Coast Bays Community Project, ECBCP@xtra.co.nz;



CARE SUPPORTS STUDENTS' SUCCESS



Long Bay College is well known for its excellent culture of care. Now, 'care' has become proudly embedded as one of the school's new core values and the College is placing even greater emphasis on this important principle.

The College has expanded its student support network to further ensure students excel through care. Two Youth Workers, Sian McCartney and Jackson Roach have joined the team and are available to students most days. They offer a listening ear, a space for students to relax and have fun, help to work through issues and provide tools for individuals who are working on strengthening and empowering themselves.

Sian is passionate about helping people to feel "uplifted and empowered," and

Jackson enjoys the opportunity to "strengthen interpersonal relationships and build a sense of community."

Long Bay College Principal, Mr CJ Healey says, "Providing our students with a strong support network in their learning environment enables them to have the confidence to explore and think innovatively; essential skills for our unpredictable world. We want to ensure every student succeeds in reaching their own levels of personal excellence."

We're proud of our diversity

Embracing diversity and nurturing a culture of inclusiveness is an important aspect of school life at Long Bay College.

Last month, students and staff took part in the school's fourth annual Cultural Festival and New Zealand's anti-bullying Pink Shirt Day. Both events had similar objectives of bringing people together, highlighting and celebrating differences and growing a greater understanding of each other.

"Subject learning provides students with knowledge about global issues but exposure to diversity, through each other, at our weekly Atawhai sessions, class activities and socially focused events is where students really begin to grow their global competencies," says Long Bay College Deputy Principal of Culture and International, Mrs Jayne Jones.

The College has over 65 ethnicities and many groups who represent different aspects of students' identities. "We're really proud of this diversity and the opportunities it brings," Mrs Jones said.

The College's very successful three-day Cultural Festival celebrated New Zealand and international cultures through a variety of performances, sport, games, activities and food.

Pink Shirt Day was well supported by students and staff who dressed in pink to show their commitment to a community where all people feel safe, valued and respected.



Success for Volleyballers

Three senior students at Long Bay College have been selected to represent New Zealand in Volleyball. Yana Sorenson (Year 12), Kayla Allison-Carnie (Year 12) and Head Boy, Samuel Roberts (Year 13) will travel to the USA in July.

Yana has been selected for both the New Zealand Junior Women's Indoor Development Team to play in Florida and the New Zealand Junior Beach Volleyball team who will play in Los Angeles. It's quite an achievement after starting in Beach Volleyball only two years ago. "It does take a lot of hard work and time practising," Yana says.

Joining Yana in her selection to the New Zealand Junior Beach Volleyball team is Kayla Allison-Carnie. "I'm really excited to play against new people in the US. It will be a big learning opportunity with a visit to the USA Volleyball National Team facility," Kayla said.

Samuel Roberts has been selected for the Junior U20 Indoor Volleyball team which will head to Florida. He is delighted to have achieved his childhood dream to represent New Zealand in sport. "It'll be exciting to experience the different emotion that comes with representing New Zealand - pride, mana and the nerves."



Open Evening 2019 for 2020 Enrolments

Long Bay College warmly invites you to visit our College to meet our staff and students and explore the opportunities we provide. We will be open during the early evening of **Wednesday, 24 July**. Look out for information on our website: www.longbaycollege.com/enrolment



ShoreLines is 1 year old

It's hard to believe that the East Coast Bays ShoreLines magazine is now entering its second year! And it is with great excitement, we are pleased to say we are increasing our distribution from 15,000 copies up to 21,500.

From the many phone calls, emails and visits from local residents to our production office at Pages Design & Print Services in Browns Bay, asking where they can receive their copy of the magazine, we know that **ShoreLines** has become quite popular! So, with our readers in mind, we made the decision to increase our print run and reach all the homes within our catchment area. If you still do not receive a copy delivered free to your home, please contact us and we can follow up to find out why.

Remember, you can always pick up a copy at the local Browns Bay supermarkets, the Browns Bay Library and at several magazine stands along Clyde Road and of course at the offices of Pages Design & Print, Shop 5, 94 Clyde Road. Not only will this increase in circulation ensure our juicy articles reach a wider audience, but it means our advertisers are reaching many more potential customers. It's the revenue provided by our advertisers that enables us to publish this magazine. So we ask you, our readers, to please support them whenever you can.

In fact, "support local" is a strong and important message that we should all keep in mind. If we don't support our business neighbours and boutique businesses, our wonderful village vibe could disappear - and then all we can do is miss what's been lost. We would like to thank all our advertisers, particularly those who've stuck with us since first issue as without you, we would not be here. Your support enables us to research, publish, print and distribute a local magazine with lots of stories about local heroes, events and businesses - so sincere thanks from the team at **ShoreLines** to you all.

To give you an idea of what goes in to the production of a publication like this, read on... We employ a delightful editor, who writes most of our stories. Her commitment and passion for local newsworthy stories is appreciated. We have David handling the advertising sales - you might have seen him driving round the bays in the Pages Print VW beetle.

Each issue takes two to three months to prepare from a blank page to the printed 40-page magazine you find in your letterbox. We start with collating topical and seasonal stories into our "forthcoming features" editorial file. And we're always keen to hear from you about what's happening in your area. What would you like to read about? This is your magazine, so if you feel there is a newsworthy story, contact us and we will do our best to find the right issue to include it in. You can contact either Lizzie, editor@shorelines.co.nz or myself, publisher@shorelines.co.nz

Once we have our blueprint of stories for the issue, then Lizzie gets to work on researching, interviewing, writing and collating to bring these stories together.

David follows up with our all our advertisers and handles new sales enquiries too. If you would be interested in finding out more about advertising opportunities email sales@shorelines.co.nz or call David on (09) 479 8714. Then Bruce and the design team come into their own, laying out the magazine, and creating, editing and advising on ad material we receive. Working together with Lizzie and I, they find images to support editorial, and fit all the stories, adverts, events together. It's a bit like a jigsaw puzzle, keeping a close eye on where everything is placed to ensure it all runs together seamlessly.

It is then carefully proofed and signed off, before going to print and packed for distribution. **ShoreLines** is now delivered to 17,193 urban and 2,443 rural homes from Mairangi Bay, north across the Bays all the way to Okura, taking in areas of Dairy Flat, Albany and Coatesville. In order to achieve this in the time frame of two to three days we use a professional distribution company who usually deliver over the first three days of every alternate month. And then it makes its way into your home for you to read, enjoy and share.

Thanks again to all our advertisers and readers for your support and feedback that are helping to make our magazine its own local success story.

From

Liu

and the team at
ShoreLines

*The current and previous year's issues of **ShoreLines** are still accessible on the Pages Print website: www.pagesprint.co.nz and current issue on the Browns Bay Business Association website: www.brownsbay.org.nz*



An introduction to Rotary

Compiled by Murray Allison, a Rotarian for 28 years, and member of Rotary Browns Bay since 2011.



There are 10 Rotary clubs on the North Shore. Rotary Browns Bay meets at the Bays Club on the first and third Tuesday of the month for breakfast. Rotary East Coast Bays meets at Pupuke Golf Club every Monday at 6pm.

Rotary Browns Bay was sponsored by Rotary East Coast Bays in 1984, and since then has achieved much in the main areas of focus in the local community. Emphasis is on maternal and child health, disease prevention and treatment, water and sanitation, basic education and literacy, economic and community development and peace and conflict prevention and resolution.

HAND TREE

We lend a hand to help where there's a need, making a difference.



MARTIN TASKER

Rotary Browns Bay's guest speakers help to brighten up even the dullest of winter mornings! For example, Americas Cup TV presenter Martin Tasker visited recently, and former All Black Ian Jones has also come along.

JUMBO TENNIS

For the past 20 years East Coast Bays, with the major help of North Shore Taxis, has organised a very lucrative golf tournament, while Browns Bay has just completed its fourth Jumbo Tennis tournament to support Ronald McDonald House, the Auckland City Mission and, latterly, the Long Bay Sir Peter Blake Marine Education and Recreation Centre. This year's event raised close to \$5,000.



LIZ WEBB & CHILD & GROUP

Browns Bay is involved in dental health in the southern-most island of Vanuatu. Liz Webb, is a dental therapist who practises in NZ and Vanuatu.

She's working on her PhD thesis, and volunteers for the Ni Van people on Aneityum with the financial support from the Rotary Club here.

Continued on page 26



JKS Shotokan Karate - North Shore

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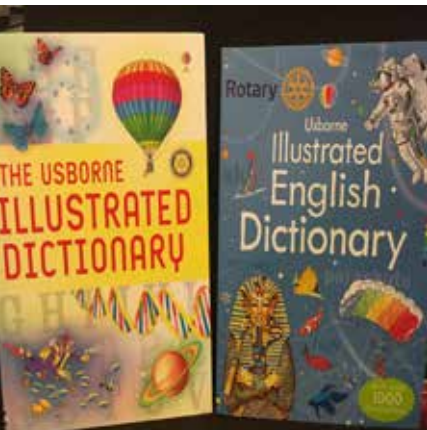
ER KITS

Emergency Resource Kits are packed and ready for any geographical disasters in the Pacific. Browns Bay and East Coast Bays are clubs who are "ready to respond", and hold the kits in storage until the need arises. Then the likes of the Air Force or Navy assist in the transport and distribution.



DICTIONARIES

Literacy and numeracy are hugely important, so Rotary donate illustrated dictionaries to lower decile schools. It's vital for children to be able to read and write, and know about our world. Browns Bay club's dictionaries are shared locally and in the far north.



For more information, visit brownsbayrotary.co.nz or phone Murray on 021 631 662.



Find us on Facebook



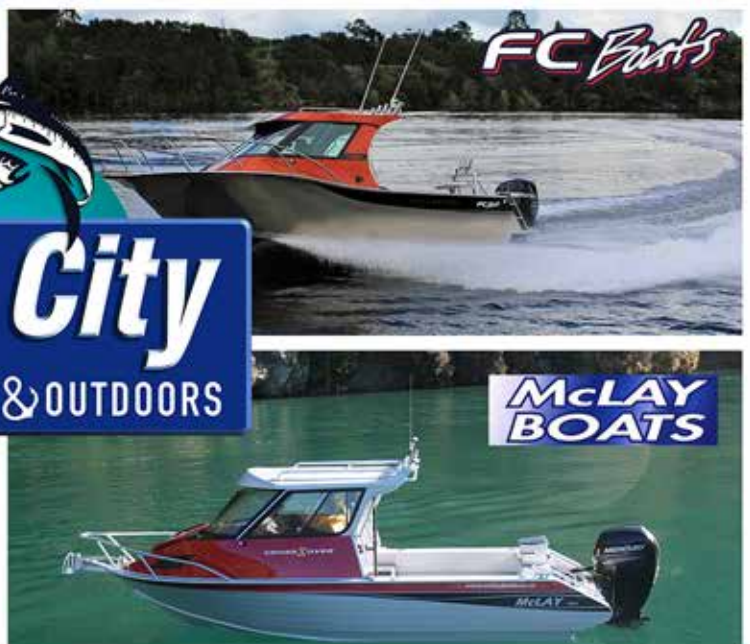
ShoreLines

How far can it go?

This is *ShoreLines*' seventh issue - and just look how far we're travelling. There is no shoreline too far!

Here is Brown's Bay business owner, Lynette Hill (My Remedy) reading her issue of *ShoreLines* at the the Grand Canyon. Who would have thought?!

When you head off on holiday, don't forget to pack *ShoreLines*! Then (safely) snap yourself or someone, reading the mag in an exotic or identifiable location. E-mail your photo to editor@shorelines.co.nz and, if yours is chosen, you'll win a \$50 gift voucher.



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At Greville Dental, we now have the first iTero 5D introral scanner in NZ, in order to offer you a better dental experience.

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technology, human input and guidance is needed and our dentists will use their knowledge and expertise to finetune and adjust the computer-generated treatment plan, to better reflect your goals.

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more accurate. The scanner takes an incredibly detailed impression of your teeth and gums. This digital accuracy eliminates the need to retake impressions, keeping your time in the chair to an absolute minimum.

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Invisalign takes a modern approach to straightening teeth, using a custom-made series of aligners created for you and only you. These aligners are made of smooth, comfortable and virtually invisible plastic that you simply wear over your teeth.



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As an introductory launch promotion, we are offering a **free consultation** for a limited period. Please contact us if you are interested in meeting the new improved you....

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Landlord or tenant – who's responsible if something gets damaged?

The team at Browns Bay Citizen's Advice Bureau (CAB) are frequently asked about tenants' and landlords' rights and responsibilities, especially relating to property damage. Tim Charman is CAB North Shore's area manager, and offers this general guidance:



chattels with due care and respect, any gradual deterioration caused by day-to-day use is not their responsibility. Typically, this relates to the wear of carpets, blinds or furniture. Taps and appliances also wear out or become faulty after a period of time. But if the tenant, for example, stains the carpet or breaks the stove top, they are liable.

When something gets damaged in a rental property and needs repairing, it is important to know who is responsible for fixing and paying for it. Irrespective of what caused the damage, a tenant must advise their landlord as soon as they know that there is a problem. The liability for fixing a problem is determined by who caused it. Even if damage has been caused by a careless tenant, if the landlord has insurance, the costs of repair will be covered. The landlord can't recover any excess on an insurance claim back from the tenant.

If a tenant or their visitors intentionally damage the property, the tenant is liable for the repairs. Similarly, if the landlord causes damage to the tenant's property, they must replace it or pay for any damages.

A tenant is not liable for "fair wear & tear". This is often a very subjective area but, if a tenant uses the property and

Debate about fair wear & tear often occurs when a tenant is moving out, with a landlord claiming that something is damaged, and the tenant saying it is just worn through everyday use. Checking and agreeing on the state of things through regular inspections can help, especially if it's recorded on a written list. It is easy to take photos and build up a history of items that may fall into this category. Photos should always be taken at a final inspection, because it makes the inspection truly final.

Browns Bay CAB is open Monday to Friday, 9.00 am until 4.30 pm. There is a Justice of the Peace on site for a couple of hours every day.

Browns Bay CAB, 2 Glen Road, Browns Bay
Ph: (09) 479 2222 • W: cab.org.nz
E: brownsbay@cab.org.nz



ShoreLines

Cannabis referendum - High on the agenda

Erica Stanford - ECB National Party MP

This month, the Labour-led Government confirmed there will be a referendum on legalising recreational cannabis held at the same time as the next election. The Green Party campaigned on cannabis law reform in 2017 and when it came time to do a deal with Labour for confidence and supply, they negotiated a binding referendum on recreational cannabis use before the 2020 election.

Recreational cannabis reform is inherently contentious and can be difficult to navigate for any Government, let alone this Government made up of a major party that did not campaign on the issue and New Zealand First whose voting base are ostensibly opposed to the idea. It has been fascinating to watch Labour, especially the PM, completely distance themselves from the issue. In an almost unheard-of move, we see brand new, junior backbench Green MP Chlöe Swarbrick fronting the discussion, appearing on all the major political chat shows and driving the policy debate. The Prime Minister and Justice Minister have largely been silent on the issue unless asked direct questions in the House by National's spokesperson for drug reform, Paula Bennett.

While I am highly supportive of a regulated medicinal cannabis regime, recreational cannabis law reform throws up a huge number of important questions that must be answered prior to a referendum so that voters know exactly what they are getting. The process that this Government is proposing falls far short of what I believe the public deserves for such a contentious law change. We were promised by this Government that the referendum would be **binding**. For this to be the case, Parliament would pass an Act prior to the referendum that the public would then vote on. The Act would only come into force if the referendum succeeded. This would mean that New Zealanders would know **exactly** what they were voting for at the referendum and would allow a full process to be undertaken, with select committee scrutiny, expert input and thorough public consultation.

This option is no longer on the table. Instead what we will get is a 'draft law' which will be put forward by the Government without proper scrutiny and consultation. The referendum



will then have a yes or no question that refers to this **draft law** – something along the lines of “Do you support legalising the personal use of recreational cannabis, in accordance with (published draft law)?” The Labour-led Government have promised that they will abide by the referendum results and pass the draft legislation into law.

The difficulty with this approach is that there will be no certainty as to what a law change would actually involve. The draft bill could, and most likely would, be further changed by the new Government or Parliament via the select committee process after New Zealanders cast their vote. This process leaves us with **serious questions** that will not be answered before the public are asked to vote on the issue at the referendum.

What would the tax rate be; where could you purchase it; where could it be consumed; what advertising would be allowed; would edible lollies be legal; these are all important issues that should be ironed out prior to a referendum being held. We need to know how legalising cannabis would affect mental health, gang activity and the black market, and our target to be smoke-free by 2025. We need to know the effects of younger people accessing and using cannabis and the impact it has on development.

We need to know how legalising cannabis would fit with the urgent need to make our roads safer. In 2017, for the first time ever, there were more drug-impaired drivers involved in fatal crashes than there were drunk drivers.

National is lobbying the Government to adopt our bill to create a roadside drug testing regime, but it seems legalising personal cannabis use is higher on their agenda as they voted it down, twice.

In my view, these questions must be addressed prior to a referendum – New Zealanders need as much information as possible when casting their vote. The decision is too important not to know exactly what we are going to end up with.

As always, I am interested in your views on the matter. I have set up a feedback page on my website and would welcome your comments. Head to www.ericastanfordmp.co.nz/cannabis to have your say.

CANNABIS HAVE YOUR SAY
www.EricaStanfordMP.co.nz/cannabis

ShoreLines

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Helping you to make your voice heard

Local elections will be happening in October, and it's the Electoral Commission's job to make sure people are enrolled and ready to vote these and next year's general election.

Michelle Machin and her Electoral Commission team attended Cairo to Cape Town. "Part of our job is getting out in the community and talking to people about enrolling and voting," she explains. "We want to make it as easy as possible for people to get involved and have their say on the things that matter to them."

It's especially important to get that information to people who haven't voted before or who are unfamiliar with our voting system – especially young voters and people who are new to New Zealand.

"We're always working to increase the number of people enrolled and taking part in elections and one area we're concentrating on at the moment is the East Coast Bays electorate where the enrolment rate has decreased from 89.4 per cent in 2014 to 84.8 per cent in May 2019," says Michelle. In fact, it may come as a surprise to learn that East Coast Bays has one of the lowest enrolment rates in the country.

That's why the Electoral Commission is linking up with local high schools, Massey University and AUT and their halls of residence, local libraries, and groups like Age Concern and the Chinese Associations to help spread the word.

"Our teams talk to groups and attend events to explain to people that you need to be enrolled to vote, and that by voting, you can choose who will represent you and your community on local councils, and in Parliament."



ARE YOU REGISTERED TO VOTE?

For help or information call the Electoral Commission office on (09) 489 9994 or visit elections.org.nz

There's advice online too for people whose primary language is not English: elections.org.nz/languages

你准备登记投票吗?

重要的是要参与进来，在对你重要的事情上发表自己的看法。

欲知详情，请浏览: elections.org.nz/languages

유권자 등록, 되어 있습니까?

투표권을 통해 자신에게 영향을 미치는 사안들에 대해서 의견을 표출하는 것은 사회의 일원으로서 매우 중요한 일입니다.

더 많은 정보는 elections.org.nz/languages 에서 확인하세요



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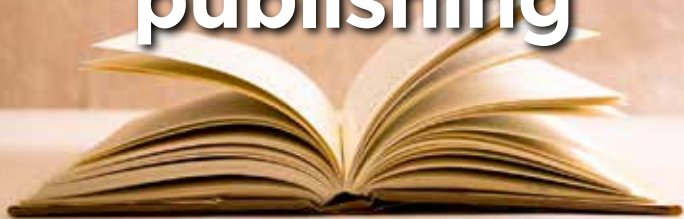
Conditions: One voucher per table, must be followed with a main meal, free starter is to the value of \$17 only, not valid with any other promotion, takeaway and only valid at Albany Lone Star. No exceptions on any voucher conditions.

Corner Oteha Valley Rd & Appian Way,
Albany, Auckland

Lone Star Albany is ideal for large groups, birthdays, romantic dinners on the deck, cocktails or a craft beer at the bar. The food menu selection is huge and caters for a wide range of tastes and dietary requirements. Download the Lone Star Loyal app and you'll receive a free dessert, and many other rewards as your points increase.

Andy, Jenni and the team at Lone Star welcome you to their restaurant, any listings and enquiries give them a call on (09) 414 4569

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Biltong Potjie

Serves 4

INGREDIENTS

6 onions cut and diced
500g button mushrooms
1/2kg biltong cut and wet
500g packet of noodles (Spirals)
1 green pepper cut and diced
1 can sweet corn (NOT the creamy one)
2 x 300ml fresh cream
Loads of grated cheddar cheese

INSTRUCTIONS

Fry the onions and mushrooms in a potjie over the coals
Add a handful of biltong. (Just sprinkle in the potjie)
In the meantime cook your noodles on the stove
Put half the noodles on top of the biltong
Add the rest of the biltong
Add the rest of the noodles
Sprinkle the greenpepper and the can of sweet corn on top of the food in the potjie
Add the fresh cream and the grated cheddar cheese
Put the lid on the potjie until all the cheese has melted.
This does not take long!!

Eat immediately.



Exceeding expectations –

a relaxed dinner for two at Lone Star Albany

Lone Star Albany is one of a cluster of eateries on the corner of Oteha Valley Road and Appian Way. (Or, if you prefer, just past Mitre 10 Mega.) On site, no-charge car parking is plentiful but busy. There are also loads of parking spaces opposite, at Hooten Reserve.

It was a fairly brisk Thursday night when Mr B and I visited, and from driving down Oteha Valley and seeing the wide open dining space, I'd thought the restaurant might be chilly. However, as we went through those distinctive big red doors, we were pleasantly surprised by the warmth within. We were greeted with a smile and quickly shown to our table. We'd been allocated a booth. As you walk in, there are three of these on the left side of the restaurant. They're cosy and comfortable, and well-suited for couples (or maybe even double dates!) The lighting in this area isn't intrusive, the music is gentle, and conversation is easy. There's a feeling of being cosseted away from the hustle and bustle of the main dining area. There's a larger table up in this area too which could seat eight. It was unoccupied on this occasion.

Our server, Cas, was young, friendly and suitably attentive. He sorted our drinks order efficiently: a glass of the organic, aromatic Te Whare Ra Toru (\$11.50) and Roaring Meg pinot noir (\$13). The duty manager, Danica, happily gave us a few food recommendations, and we therefore ordered two of the most popular starters: Redneck Ribs (\$16 for four) and Prawn Star (\$19). The ribs were fruity and sticky – really, really sticky! Mr B demolished them, and was grateful for the finger bowl. My prawns were juicy and succulent in their chilli, coriander and garlic butter. They came with a cone of basmati rice. I'm not a fan of rice particularly but, if I hadn't ordered a main course, I would have quite happily squidged it into the butter and merrily eaten the lot.

It may be a surprise to learn that Lone Star does cater for vegetarians. Admittedly the choice is quite limited but the dishes sound tasty, and the El Green-Go vege burger can be adapted for vegans. I was tempted... Nevertheless, it was hard to get past



Danica's enthusiasm for the Maverick Fillet (\$39.80). "It's my favourite – a lovely lean cut." I opted for this, medium rare, with a glass of Oyster Bay merlot (\$10) while Mr B went for the grilled chicken GCB Glen Campbell Burger (\$25). For diners who like to consider where their food is coming from, it may be worth noting that Lone Star only serves free range chicken, their Lasso of Hog pork loin is NZ free farmed, and their beef is all "NZ prime steer".

My beef fillet was delicious and, as promised, there was no fat and therefore no waste. It was served with broccolini, green beans and peas which were cooked *al dente*. There was also a soft, herby potato bake (roughly the size of a small country) and a rich, peppery jus. The GCB was enormous, with Swiss cheese, bacon and gherkins bursting out of its sourdough bun. "It's perfect; just what I was hoping for," said Mr B, in between satisfying mouthfuls.

There was really no need for a dessert, but The Milky Bar Pud (\$12.80) caught our eye. It's a steamed pudding with butterscotch sauce and vanilla bean ice cream. Hot, sweet and indulgent, it felt rude to leave even a morsel.

Our trip to Lone Star Albany exceeded our expectations and dispelled a few preconceptions. The restaurant isn't just for large groups or families with ravenous teens; it is possible to enjoy a quiet and cosy dinner there. Nor is it just about enormous slabs of beef served with spud fries. Yes, the portions are huge and yes, there are loads of dishes for meat eaters, but vegetarians shouldn't dismiss it as a dining option. You can book online at Restaurant Hub and First Table, and they're open for lunch at the weekends too.



SPEAKERS CORNER ALE HOUSE

Speakers Corner in Browns Bay, features stylish décor and a vibrant atmosphere just across from the beach. This pub is the perfect destination for a delicious lunch, a midweek treat, a three-course meal or celebratory drinks. An Auckland Bar with a difference serving a huge variety of Beers on tap just across from the beach.

Offering a great selection of dishes and a superb collection of real ales, and lagers, this family friendly pub, bar, and restaurant will allow you to dine, relax, and mingle in optimum comfort.



Monday:

Burger night combo (Burger and glass of wine/beer \$20) from 5pm



Tuesday:

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Wednesday:

Steak night (500gm rump with fries \$15) from 5pm



Thursday:

\$10 Fish and Chip night



Mid Week:

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Welcome to Pupuke Golf Club

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Doesn't matter if you're five or 85!
Here are **six great health reasons**
to play golf.

At Pupuke Golf Club we welcome players of all ages and abilities. Not only is golf a fun and social pastime, it's also a great way to improve and maintain your health. Here are just six examples:

1. It's been shown that children who are introduced to golf at an early age enjoy learning and playing the game with their parents. Plus, they develop the motivation, confidence and skills to keep be active and engaged in sports throughout their lives.
2. An 18-hole round of golf can involve walking up to nine kilometres (approx. 12,000 paces) exceeding the commonly recommended 10,000 steps-for-health daily.
3. More than 90% of people suffering with medical conditions caused by physical inactivity are aged 15 years and over. It's therefore really important to remain active throughout adulthood. This could explain golf's popularity across the generations, with only minimal drop off of participation. (Data from Active New Zealand survey 2017).
4. Diseases which are caused or aggravated by physical inactivity can have a serious negative impact on the lives of New Zealanders aged 55+. Regular golf could help to counteract this.
5. A landmark Swedish study of more than 300,000 golfers found that those who played regularly live an average five years longer than non-golfers, regardless of age, gender or socio-economic status.
6. Golf is good for your mental health as well as your physical (although you may have moments when you disagree with this statement!) Playing can help reduce the risk of anxiety, depression and dementia, while also boosting confidence and self-esteem.

Whether you're a complete novice who has never played or you're a lapsed player whose clubs have been gathering dust in the garage for months, you'll find a warm welcome at Pupuke. Our pro, Ben, runs friendly and informal lessons. To find out more, contact him on **027 254 2204** or ben@benguilfordgolf.co.nz.



Come on, and give it a go!
What have you got to lose – except for maybe a few balls?



PawLines



Twiggy, the stick insect, out and about



Huey, the Chinese bantam looking for Leuy and Dewie



Nap time for Teddy and Softie



Micah Kilian with Lewi



Marshall goes fishing



Gibson helps with the laundry



"The cat went here and there
And the moon spun round like a top,
And the nearest kin of the moon,
The creeping cat, looked up."

by: W. B. Yeats (1865-1939)



Kylie with Jerome & Savannah



Chad taking Caspah for a stroll... or is it the other way round?



Boof gets the thumbs up



Teddy taking a break from playing with.... hmmm, teddy?



Tubby takes a breather from a busy schedule...

We all love our pets, which is why ShoreLines gives you the chance to celebrate yours in PawLines! Send a photo of your furry, feathered, finned, scaly, or hoofed friend with a short description to publisher@shorelines.co.nz. We'll be sharing the images in print and on our Facebook page - so remember to check regularly.

PawLines page proudly sponsored by:



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This page is proudly sponsored by the Browns Bay Business Association.

Should you have a business in Browns Bay that is not listed above, or the information is incorrect, or has been recently updated, please don't hesitate to email the Town Manager at: manager@brownsbay.org.nz to notify us of the update.

The huia (*Heteralocha acutirostris*) is an extinct species of New Zealand wattlebird, endemic to the North Island of New Zealand. The last confirmed sighting of a huia was in 1907, although there were credible sightings as late as the early 1960s.

The huia was a bird of deep metallic, bluish-black plumage with a greenish iridescence on the upper surface, especially about the head. The tail feathers were unique among endemic birds in having a broad white band across the tips.



COLOUR ME IN COMPETITION

AGE:

PHONE:

Due to the popularity of this competition, we feel the need to split the entries in to 2 age groups - under 8 and 9-14 yr. The chosen winners will be published in our August/September Issue of **ShoreLines**. Drop off your submission at Pages Print in Browns Bay before 9 July to be eligible.

JUNE 2019

N.Z. LOCAL TIMES AND HEIGHTS OF HIGH AND LOW WATERS											
Time			Time			Time			Time		
	m			m			m			m	
1	0541	3.0	9	0015	3.4	17	0112	0.8	25	0048	2.9
	1149	0.7		0622	0.6		0733	3.0		0651	0.9
Mo	1817	3.1	Tu	1244	3.2	We	1334	0.7	Th	1305	2.8
				1841	0.5		2003	3.2		1907	1.1
2	0015	0.8	10	0110	3.3	18	0157	0.8	26	0133	2.9
	0634	3.1		0719	0.6		0819	3.0		0739	0.9
Tu	1240	0.6	We	1341	3.2	Th	1416	0.7	Fr	1355	2.8
	1907	3.3		1941	0.7		2045	3.2		2001	1.1
3	0105	0.7	11	0206	3.2	19	0240	0.8	27	0222	2.9
	0726	3.2		0816	0.7		0902	3.0		0831	0.9
We	1329	0.5	Th	1442	3.1	Fr	1456	0.7	Sa	1451	2.8
	1956	3.4		2043	0.8		2126	3.2		2058	1.1
4	0155	0.6	12	0303	3.2	20	0322	0.8	28	0315	2.9
	0819	3.3		0915	0.7		0942	3.0		0926	0.9
Th	1418	0.4	Fr	1543	3.1	Sa	1534	0.7	Su	1552	2.8
	2046	3.5		2144	0.8		2206	3.2		2156	1.0
5	0247	0.6	13	0400	3.1	21	0403	0.8	29	0411	2.9
	0911	3.4		1013	0.7		1021	3.0		1023	0.8
Fr	1508	0.3	Sa	1642	3.1	Su	1613	0.8	Mo	1651	3.0
	2136	3.5		2241	0.9		2246	3.1		2259	0.9
6	0339	0.5	14	0456	3.1	22	0444	0.8	30	0510	3.0
	1003	3.4		1109	0.7		1059	2.9		1120	0.7
Sa	1558	0.3	Su	1738	3.1	Mo	1652	0.8	Tu	1748	3.1
	2229	3.5		2335	0.8		2325	3.0		2348	0.8
7	0433	0.5	15	0551	3.0	23	0525	0.9	31	0606	3.1
	1056	3.4		1201	0.7		1138	2.9		1215	0.5
Su	1650	0.4	Mo	1830	3.2	Tu	1733	0.9	We	1842	3.3
	2321	3.5									
8	0527	0.5	16	0025	0.8	24	0006	3.0			
	1149	3.3		0643	3.0		0607	0.9			
Mo	1744	0.5	Tu	1250	0.7	We	1219	2.8			
				1918	3.2		1817	1.0			

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The Ramada Suites by Wyndham Albany hotel has been part of the North Shore community since April 2017 and is part of the largest hotel chain in the world – Wyndham Worldwide.

The Ramada and Wyndham names are well-known and respected throughout the world, and the Albany hotel has a growing reputation for offering exceptional customer service as recognised through many awards. Ideal for both corporate and leisure guests, we offer competitive rates to suit local businesses and private individuals.

All 65 rooms feature cooking and laundry facilities. The studio, one-bedroom and two-bedroom apartments are ideal for a one-night stay to a few weeks.

Being situated just across the road from the Albany Bus Station's Park n' Ride gives guests and visitors easy access to the public transport network including an easy commute to the city by bus. The complex is walking distance from Westfield Albany, close to Massey University, and handily situated for the many wedding venues on and around the North Shore.

Nearby are the QBE North Harbour Stadium and AUT Millennium, as well as local swimming, tennis and state-of-the-art international BMX complex. We have had the privilege of hosting many sports groups and teams including international netball, baseball, football, hockey, badminton and swimming teams, and we so enjoy having them stay here.

Interestingly, when a major sporting event or concert is announced in Auckland, guests book a stay here as they can easily catch a bus from across the road, saving themselves the cost and stress of finding parking in the city. Often the cost of the bus is included in their event ticket.

The on-site Coffee Club with an entrance directly off the hotel lobby means that visitors have access to food and beverages throughout the day from breakfast to lunch, with charge-back options for our hotel guests.

Functions and boardroom style meetings can also be arranged. And of course, we have plenty of free parking and Wi-Fi. In other words, there are plenty of reasons why Ramada® Suites by Wyndham Albany should always be your first choice!

We welcome site visits by appointment and look forward to assisting you when next requiring accommodation on the North Shore.

Contact: Jacqui Cheal, General Manager Phone: (09) 974 4568 E: albany.gm@ramada.nz



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